

# No Limits

拍數: 32      牆數: 4      級數: Improver - ECS  
編舞者: Marian Collado (ES) - August 2023  
音樂: No Limits - Royal Deluxe



Intro: 32 Counts

Restart: Wall 11 after 16 counts (9:00)

## [1-8] CROSS SHUFFLE, ROCK SIDE, WEAVE, SHUFFLE WITH ¼ TURN R

1&2      RF cross over LF(1),LF step L side(&),RF cross over LF  
3-4      LF rock L side(3), RF recover (4)  
5&6      LF cross behind RF(5),RF step R side(&), LF cross over RF(6)  
7&8      ¼ turn R and RF step fwd(7){3.00}, LF step fwd near RF(&),RF step fwd(8)

## [9-16] SHUFFLE, ROCK,COASTER STEP,POINT L & R

1&2      LF step fwd(1),RF step fwd near LF(&), LF step fwd(2)  
3-4      RF rock fwd(3),LF recover(4)  
5&6      RF step back(5),LF step together RF(&)RF step fwd (6)  
7&8      LF point L side(7),LF together RF (&),RF point R side(8)

Restart wall 11 after 16 counts (9:00)

## [17-24] JAZZ BOX CROSS,CHASSÉ , CHASSÉ WITH ½ TURN L

1-2      RF cross over LF(1),LF step back(2)  
3-4      RF step R side (3),LF cross over RF(4)  
5&6      RF step R side(5),LF step together RF(&),RF step R side(6)  
7&8      ½ turn L and LF step L side(7){9.00},RF step together LF(&),LF step L side (8)

## [25-32] ROCK BACK, KICK BALL STEP X 2, ½ PIVOT TURN

1-2      RF rock back(1), LF recover (2)  
3&4      RF kick fwd(3),RF ball together LF(&), LF step fwd(4)  
5&6      RF kick fwd(5),RF ball together LF(&), LF step fwd(6)  
7-8      RF step fwd(7), ½ turn L side (8){3:00}