

Doing What I Love

COPPER KNOB
BY STEPSHEETS

拍數: 32 牆數: 4
編舞者: Helen Parkyn (UK) - August 2023
音樂: Doing What I Love - Dave Sheriff

級數: Absolute Beginner



Grassroots instructor finalist UKLDA 2022

Intro – 32 counts from proper intro (approx.. 16 seconds)

2 X RIGHT HEEL HOOKS, RIGHT DIAGONAL STEP LOCK STEP HOLD

1 – 4 touch right heel forward, hook under left knee, touch right heel forward, hook under left knee
5 – 8 step right diagonal right, lock left behind, step right diagonal, hold

2 X LEFT HEEL HOOKS, LEFT DIAGONAL STEP LOCK STEP HOLD

1 – 4 touch left heel forward, hook under right knee, touch left heel forward, hook under right knee
5 – 8 step left diagonal left, lock right behind, step left diagonal, hold

RIGHT CROSS ROCK, SIDE, HOLD, LEFT CROSS ROCK, SIDE, HOLD

1 – 4 cross rock right over left, recover back on left, step right to right side, hold
5 – 8 cross rock left over right, recover back on right, step left to left side, hold

WEAVE TO LEFT, CROSS ROCK, 1/4 TURN RIGHT (3.00), CLOSE

1 – 4 step right over front of left, step left to left side, cross right behind left, step left to left side
5 – 8 cross rock right over left, recover back onto left, step right to right with 1/4 turn right (3.00),
close left beside right

START AGAIN
