

# Back in the Saddle EZ

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: James Hart (USA) - August 2023  
音樂: Back In The Saddle - Velvet Rodeo



Weight starts on LF

## TOE HEEL STOMPS, STEPS BACK, HOP TOGETHER CLAP

1&2      Right toe heel stomp  
3&4      Left Toe heel stomp  
5      Step back on RF  
6      Step back on LF  
7&8&      Hop back on RF while tapping left heel diagonally forward, bring feet back to initial position (weight on LF), stamp on RF (weight stays on LF), clap

## DIAGONAL LOCK STEPS, STEP 1/4 TURN, STEP 1/2 TURN

1&2      Step RF diagonally forward right, lock step LF behind RF, step RF diagonally forward right, scuff LF forward  
3&4      Step LF diagonally forward to left, lock step RF behind LF, step LF diagonally forward left, scuff RF forward  
5-6      Step RF forward, turn 1/4 turn to left with weight to LF (CCW), rolling hips as you turn  
7-8      Step RF forward, turn 1/2 turn to left with weight to LF (CCW), rolling hips as you turn

\*\*\*\*\* WALL 3 RESTART HERE

## VINE RIGHT AND LEFT, STRUT STEPS FORWARD

1&2&      Step RF to right side, step LF behind RF, step RF to right side, kick LF diagonally forward left  
3&4&      Step LF to left side, step RF behind LF, step LF to left side, scuff RF forward  
5-8      Heel-toe strut steps forward (with attitude) right heel-toe, left heel-toe, right heel-toe, left heel-toe

## DIAGONAL ROCKING CHAIR IN PLACE, STEPS, HIP BUMPS

1&2&      Rock diagonally forward right on RF, weight back to LF, rock diagonally forward on RF, hold  
**Optional: scuff LF forward in place of hold**  
3&4&      Rock diagonally forward on LF, weight back to RF, diagonally rock forward on LF, hold  
**Optional: scuff RF forward in place of hold**  
5-6      Step RF in place, step LF to left side (feet ending shoulder width apart)  
7-8      Bump hips right, left

## START OVER

There are a few tags and one restart due to the phrasing of the music.

End of Wall 1: 2 count tag

During Wall 3: Restart after count 16

End of Wall 4: 4 count tag

End of Wall 7: 2 count tag

The 2 count tags are bump hips right-left, a repeat of the last two counts of the dance.

The 4 count tag is bump hips right-left-right-left, a repeat of the last two counts of the dance twice.

Enjoy the dance and enjoy the music of Velvet Rodeo!