

# Do the Lasso

拍數: 32      牆數: 4  
編舞者: Lucy Cooper (UK) - August 2023  
音樂: Do the Lasso - Justin Champagne

級數: High Beginner/Low Intermediate



Intro: 16 counts

## Side Rock, Recover, Behind Side Cross, Out, Out, Hips L R L

1 2      Rock R to R side (pushing into R hip), recover onto L

**ARMS: Right arm 'lasso' motion when he sings 'Do the Lasso' on the chorus on side rock**

3&4      Cross R behind, step L to L side, cross R over L

5 6      Step L out, Step R out

**STYLING: Accentuate leg lifts before 'out outs', almost like a flick (flick out flick out &5&6)**

7&8      Bump hips L, R, L

## Cross Side Rock, Cross, ½ L, Diag L Side Touch, Diag R Side Touch, Diag Side Together Side

1&2      Cross R over L, rock L to L side, recover onto R

3 4      Cross L over R, step R back turning ½ L (keeping L slightly lifted like a spiral turn)(6.00)

5&      Step L to L diagonal, touch R beside L

6&      Step R to R diagonal, touch L beside R

7&8      Step L to L diagonal, step R in place, step L to L diagonal

## Forward Rock, Ball Heel, Ball Step, ½ Pivot L, ¼ L w.Sweep, Behind Side Cross

1 2&      Rock R forward (squaring up to 6.00), recover onto L, ball step R in place

3&4      Touch L heel forward, ball step L beside R, step R forward

5 6      Pivot ½ L (weight ending on L), Step R to R side turning ¼ L and sweeping L back (9.00)

7&8      Cross L behind, R to side, cross L in front

## Side, Lock Behind, Chasse ¼ R, Forward Rock, Recover, ½ L, ¼ L Side, Cross

1 2      Step R to R side, lock L behind R (slightly facing R diagonal and popping R knee)

3&4      Step R forward turning ¼ R, step L together, step R forward (12.00)

5 6      Rock L forward, recover onto R

7 8&      Step L forward turning ½ L, step R to side turning ¼ L, cross L over R (3.00)