

I Know I've Been Gone

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Easy Beginner
編舞者: Georgie Mygrant (USA) - July 2023
音樂: Coming Home (feat. Sam Woolf) - The Como Brothers



Intro: 16 Counts. No Tags

Walk Fwd. Touch R Side, L Side, Repeat Going Back

1-8 Walk fwd. R/L/R/L, Touch R to R side, Step to center, Touch L to L side, Step L to center
1-8 Walk Back R/L/R/L, Touch R to R side, Step R to center, Touch L to L side, Step L to center

Vine R, Turning $\frac{1}{4}$ R, Touch Sides

1-8 Step R to R side, Step L behind R turning $\frac{1}{4}$ R, Step on R, Step on L, Touch R to R, Touch L to L, As in Section 1

Zig-Zag Back R/L, Pivot $\frac{1}{2}$ L

1-4 Step R back diagonally, Touch L to R, Step L back diagonally, Touch R to L,
5-8 Step r fwd. turning $\frac{1}{4}$ L on L, Step R fwd. turning $\frac{1}{4}$ L on L

That's it! I hope you like this little peppy routine for all beginners. A very good warm-up for any class. It gets your heart beating. Sam Woolf was on American Idol a few years ago, and this song is perfect for this routine. But if you don't like it, any other 32 count song will go with routine. Mix it up a little. Have them memorize the steps, then switch the songs on them. It makes it for a fun time, and sharpens their memory. Please do not alter routine without my permission. Thank You, Georgie. If you have any problems with this routine, Please feel free to contact me and I will most certainly help you if I can. mygeo@adamswells.com or mygrantg@gmail.com