

Hold on Darlin'

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Rose Sullivan (USA) - July 2023
音樂: A Matter Of Time - Jason Sellers



Intro: 16 counts

No Tags, No Restarts!

[1 - 8] Walk R, L, Shuffle Forward R, L, R, ½ Turn Pivot R, Shuffle Forward L, R, L

1,2 Step R foot forward, Step L foot Forward
3&4 Step R foot forward, close L foot beside R, step R foot forward
5,6 Step L foot forward, Make ½ pivot turn over R shoulder taking weight on R foot
7&8 Step L foot forward, close R foot beside L foot, step L foot forward

[9 - 16] Lindy R, Lindy L with a ¼ Turn R

1&2 Step R foot to the side, close L foot beside R, step R foot to the side
3,4 Rock back onto L foot, Recover by returning your weight onto R foot
5&6 While making a ¼ turn to the right, Step L foot to the L, close R foot beside L, step L foot back
7,8 Rock back onto R foot, Recover by returning your weight onto L foot

[17 – 24] Step R Forward, Point L, Step L Forward, Point R, Sway R Touch L, Sway L Touch R

1,2 Step R foot forward, point L foot out to the side
3,4 Step L foot forward, point R foot out to the side
5,6 Transfer your weight to the right foot as you sway to the right, touch your L foot next to R foot
7,8 Step to the L as you sway to the left, touch your R foot next to L foot

[25 – 32] Forward Rock Recover Right, R Coaster Step, L Heel Grind ¼ Turn L, L Coaster Step

1,2 Rock forward onto your R foot, Recover by returning your weight to your L foot
3&4 Step your R foot back, step your L foot back next to your R foot, step your R foot forward
5,6 Step your L Heel next to your R foot keeping toes up, Turn your L foot and body ¼ turn to the L
7&8 Step your L foot back, step your R foot back next to your L foot, step your L foot forward

Have fun on the dance floor!
