

# High Heels on the Beach

**COPPER** **NOB**  
BY STEPHEN

拍數: 32      牆數: 4      級數: Low Improver  
編舞者: Danielle Schill (USA) - July 2023  
音樂: High Heels (Whistle While You Twerk) - Flo Rida, Walker Hayes & secs on the beach



## #16 Count Intro

### ROCK R FWD, RECOVER, SHUFFLE BACK, ROCK BACK L, RECOVER, FULL HINGE TURN R (L-R)

1-2            Step/rock right forward, recover on left  
3&4           Step right back, step left next to right, step right back (shuffle back)  
5-6           Step/rock left back, recover weight on right  
7-8           Turn ½ turn right, stepping back on left, turn ½ turn right, stepping forward on right

\*Easy option for 7-8: walk forward L-R

### ROCK LEFT, RECOVER, BEHIND-SIDE-CROSS, STOP RIGHT, HOLD, HIP SHAKE (R-L-R)

1-2            Rock left to left side, recover on right  
3&4           Step left behind right, step right to right side, cross left over right  
5-6           Stomp right to right side, hold  
7&8           Shake hips (R-L-R)

### ¼ TURN L WHILE STEPPING LEFT, ½ TURN LEFT, STEPPING BACK R, L COASTER, R HEEL SWIVEL, R COASTER

1-2            Turn ¼ turn left, stepping forward on L, turn ½ turn left, stepping back on R  
3&4           Step back on L, step right next to left, step forward on L (coaster step)  
5&6           Step right toe forward, swivel right heel to right side, then back to center  
7&8           Step back on R, step left next to right, step forward on R (coaster step)

### STEP L, SINGLE CLAP, STEP R, DOUBLE CLAP, STEP ½ TURN R, L SHUFFLE

1-2            Step forward on L, hold and clap once  
3&4           Step forward on R, hold and clap twice (&4)  
5-6           Step forward on left, turn ½ turn right, recovering weight on right  
7&8           Shuffle forward on left (L-R-L)

## REPEAT

Last Update - 29 Oct. 2023 - R1