About Damn Time



編舞者: Amy Christian (USA) - July 2023

音樂: About Damn Time - Lizzo



OUT-OUT-IN-IN, TOE STRUTS X 2,

1-2 Step R out to the right SIDE (not forward), Step L out to left side,

3-4 Step R in, Step L next to R,

5-8 Tap R forward, Step forward on R, Tap L forward, Step forward on L,

OUT-OUT-IN-IN, 1/8 TURN WITH HIP ROLLS X 2

1-2 Step R out to the right SIDE (not forward), Step L out to left side,

3-4 Step R in, Step L next to R,

5-6 Step R 1/8 turn left, Recover on L [11:30], 7-8 Step R 1/8 turn left, Recover on L [9:00],

VINE RIGHT, VINE 1/4 L,

1-4 Step R to right side, Step L behind R, Step R to right side. Touch L next to R (Clap),

5-8 Step L to left side, Step R behind L, ¼ Turn left stepping L forward, Touch R next to L (Clap),

[6:00],

VINE RIGHT, VINE 1/4 L,

1-4 Step R to right side, Step L behind R, Step R to right side. Touch L next to R (Clap),

5-8 Step L to left side, Step R behind L, ¼ Turn left stepping L forward, Touch R next to L (Clap),

[3:00],

Start over!

Email: amyc@linefusiondance.com