

Alien

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Rex Chuan (USA) - July 2023
音樂: Alien (異鄉人) - Li Jian (李健)



Start: After 8 counts of introduction.

S1: Kick, Hook, Kick, Walk, Toe, Heel, Walk, Rock, Recover, Two-Step-Turn, Rock, Recover

1&2&3&4 Kick LF(1), hook LF(&), kick LF(2), land LF in place(&), toe RF aside LF(3), heel RF in place(&), land RF forwards(4)

5&678& Rock LF forwards(5), recover(&) and L quarter turn, step LF L(6) and L $\frac{3}{4}$ turn, step RF backwards(7), rock LF backwards(8), recover(&) (12:00)

S2: Step, Rock, Recover, Shuffle, Side, Rock, Recover, Step, Cross, Unwind

12&3&4& R quarter turn and step together(1), rock RF back(2), recover(&), step RF forwards(3), lock LF in(&), step RF forwards(4), R quarter turn and step LF L(&)

56&78 Rock RF back(5), recover(6), step RF forwards(&), cross LF behind(7), unwind L half turn(8) (9:00)

S3: Kick-Ball-Step, Rocking-Chair, Side, Check, Recover, Three-Step-Turn, Samba

1&2&3&4 Kick RF(1), step RF together(&), rock LF forwards(2), recover(&), rock LF back(3), recover(&), step LF L(4)

5&6&78& Cross RF(5), recover(&), R quarter turn and step RF forwards(6), R half turn and step LF backwards(&), R quarter turn and step RF forwards(7), sweep and land LF across(8), step RF R(&) and L quarter turn (9:00)

S4: Scissor-Step, Cross, Side, Back, Hitch, Sailor-Step, Shuffle, Side, Side, Forward

1&2&3&4& Step LF L(1), step RF together(&), cross LF(2), step RF R(&), cross LF behind(3), hitch RF(&), cross RF behind(4), step LF L(&)

56&7&8& Step RF forwards(5), step LF forwards(6), lock RF in(&), step LF forwards(7), L quarter turn and step RF R(&), L quarter turn and step LF L(8), step RF forwards(&) (3:00)

Tag: After wall 4, do a rocking chair (4 counts) and start the next wall

Restart: After the section 2 of wall 2 and wall 6, restart the next walls respectively.

Enjoy the dancel!