Creek Will Rise

拍數: 32

級數: High Beginner

編舞者: Cathy Snow (USA) - July 2023

音樂: Creek Will Rise - Conner Smith

Intro: 32 counts

[1-8] HEEL SPLITS, HEEL SWITCHES

- 1-2 Keep weight on balls of feet. Move both feet out to opposite sides, then back together.
- 3-4 Keep weight on balls of feet. Move both feet out to opposite sides, then back together.
- 5-6 Touch R heel forward, step R beside L
- 7-8 Touch L heel forward, step L beside R

[9-16] HEEL SPLITS, HEEL SWITCHES

- 1-2 Keep weight on balls of feet. Move both feet out to opposite sides, then back together
- 3-4 Keep weight on balls of feet. Move both feet out to opposite sides, then back together
- 5-6 Touch R heel forward, step R beside L
- 7-8 Touch L heel forward, step L beside R

[17-24] LOCK STEP WITH BRUSH (or TOUCH) L, LOCK STEP TOUCH R

- 1-2 Step R forward, Step L behind
- 3-4 Step R; Brush L
- 5-6 Step L forward, Step R behind
- 7-8 Step L, Touch R

[25-32] ¼ MONTEREY TURN; JAZZ BOX

- 1-2 Touch to R side, turn ¼ R, Step R together
- 3-4 Touch L side, Step L together
- 5-6 Cross R over L, Step back L
- 7-8 Step R side, step L slightly forward

Last Update: 11 Nov 2023





牆數:4