

Paul's Waltz

拍數: 48 牆數: 2 級數: Beginner
編舞者: Paul Dornstedt (USA) & Karla Dornstedt (USA) - July 2023
音樂: Four In the Morning - Daniel O'Donnell : (CD: The Greatest Hits)



Lead in 24 cts.

[1 - 6] 1/2 DIAMOND

- 1 - 3 Step left to left forward diagonal, turn 1/8 left step right next to left, step left next to right (9:00)
4 - 6 Step right to right back diagonal, turn 1/8 left step left next to right, step right next to left (6:00)

[7 - 12] FORWARD, DRAG, TOUCH, COASTER STEP

- 1 - 3 Step forward on left, drag right towards left, touch right next to left
4 - 6 Step back on right, step left next to right, step forward on right

[13 -18] 1/2 DIAMOND

- 1 - 3 Step left to left forward diagonal, turn 1/8 left step right next to left, step left next to right (3:00)
4 - 6 Step right to right back diagonal, turn 1/8 left step left next to right, step right next to left (12:00)

[19 - 24] BASIC FORWARD, BASIC FORWARD

- 1 - 3 Waltz forward left, right, left
4 - 6 Waltz forward right, left, right

[25 - 30] FORWARD, POINT, HOLD, BACK TWINKLE

- 1 - 3 Step forward on left, point right to right, hold
4 - 6 Cross right behind left, step left next to right, step right side right

[31 - 36] BACK TWINKLE, TOUCH BACK, TURN 1/2 RIGHT, STEP

- 1 - 3 Cross left behind right, step right next to left, step left side left
4 - 6 Touch right back, turn 1/2 right on the ball of left, step down on right (6:00)

[37 - 42] CROSS, SIDE, BEHIND, SIDE, DRAG, TOUCH

- 1 - 3 Cross left over right, step right side right, cross left behind right
4 - 6 Step right side right, drag left towards right, touch left next to right

[43 - 48] SIDE, ROCK BACK, RECOVER, SIDE, ROCK BACK, RECOVER,

- 1 - 3 Step left side left, rock right behind left, recover weight on left
4 - 6 Step right side right, rock left behind right, recover weight on right

REPEAT

RESTART: Wall 5 starts facing 12 o'clock, dance 24 counts and restart facing 12 o'clock.

ENDING: (Optional) Dance ends facing 12 o'clock, music slows down after 18 counts.
Dance the first basic forward to the slower beat then step forward on count 4.

Last Update - 13 Oct. 2024 - R1