

Black Is Black Reggae Cha Cha

COPPER KNOB
STEPSHEETS

拍數: 56 牆數: 2 級數: Easy Intermediate
編舞者: Penny Tan (MY) - July 2023
音樂: Black Is Black (Reggae Cha Cha) - Helena Cinto Cover ft DJ John Paul



Start Intro Dance after 8C

*1 Tag / 2 Restart

**Tag (4C) after bridge – facing 12:00

***Bridge (16C) at the end of W6

****Restart on W3 & W5 after 32C , both facing 6:00

Tag (4C) : V Step

1-4 Step RF diagonally to R , step LF diagonally to L ,step RF back to center ,step LF next to RF

Intro Dance (32C x2) also as Ending

iSEC1:SIDE TOGETHER ,SIDE TOUCH (R-L)

1-4 Step RF to R ,step LF next to RF ,step RF to R ,touch LF next to RF

5-8 Step LF to L ,step RF to LF ,step LF to L,touch RF next to LF

iSEC2:SIDE ROCK, RECOVER, PIVOT ¼ TURN L ,PIVOT 1/8 TURN L , PIVOT 1/8 TURN L

1-2 Step RF to R , recover on L

3-4 Step RF fwd, ¼ turn L ,recover on L (9:00)

5-6 Step RF fwd, 1/8 turn L , recover on L

7-8 Step RF fwd , 1/8 turn L , recover on L (6:00)

iSEC3:FWD SHUFFLE (R-L) , FWD ½ TURN L WALK WALK

1&2 Fwd shuffle R-L-R

3&4 Fwd shuffle L-R-L

5-6 Step RF fwd , ½ turn L , recover on L

7-8 Walk fwd R , walk fwd L

iSEC4:FWD TOE STRUC (R-L) , MONTEREY

1-2 Tap RF toe fwd with hips bump, step RF back next to LF

3-4 Tap L toe fwd with hips bump ,step LF back next to RF

5-8 Point RF to R , step RF next to LF , point LF to L ,step LF next to RF

MAIN DANCE (56C)

SEC1: BASIC CHA CHA (R-L)

1-2 Step RF fwd ,recover on L

3&4 Fwd shuffle R-L-R (or lock step)

5-6 Step LF back ,recover on R

7&8 Fwd shuffle L-R-L (or lock step)

SEC2:WALK FWD R-L ,FWD SHUFFLE , PIVOT ¼ TURN R CROSS SHUFFLE

1-2 Walk fwd R , walk fwd L

3&4 Fwd shuffle R-L-R

5-6 Step LF fwd ,1/4 turn R ,recover RF on R (3:00)

7&8 Cross LF over RF ,step RF to R , cross LF over RF

SEC3:STEP WITH SWAY R-L , SIDE CHASSE , ROCKING CHAIR

1-2 Step RF to R with sway R , step LF on L with sway L

3&4 Step RF to R step LF next to RF , step RF to R

5-8 Step LF fwd , recover on R , step LF back,recover on R

SEC4:MONTEREY 1/4 TURN R , HEEL SWIVELS

- 1-4 Point LF to L ,step LF next to RF, point RF to R , 1/4 turn R , step RF next to LF (6:00)
- 5-6 Swivel both heels to R , swivel both heels to L
- 7-8 Swivel both heels to R , swivel both heels back to center (weight on L)

***Restart here on W3 & W7**

SEC5:PIVOT ½ TURN L (x2) , V STEP

- 1-2 Step RF fwd , ½ turn L , recover on L (12:00)
- 3-4 Step RF fwd , ½ turn L ,recover on L (6:00)
- 5-6 Step RF diagonally to R , step LF diagonally to L
- 7-8 Step RF back to center ,step LF next to RF

SEC6:1/4 TURN R CROSS TOUCH ,CROSS TOUCH (x2)

- 1-4 ¼ turn R , cross RF over LF , touch LF to L , cross LF over RF , touch RF to R (9:00)
- 5-8 ¼ turn R , cross RF over LF , touch LF to L , cross LF over RF , touch RF to R (12:00)

SEC7:WALK BACK , ½ TURN R FWD SHUFFLE (R-L)

- 1-4 Walk back R-L-R-L
- 5&6 ½ turn R , fwd shuffle R-L-R
- 7&8 Fwd shuffle L-R-L

Note: Bridge, dance the Sec6 & Sec7, add Tag and dance the Ending

Have fun and happy dancing!

Last Update: 27 Jul 2023
