

Written In The Sand

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Colin Ghys (BEL) & Ivonne Verhagen (NL) - June 2023
音樂: Written in the Sand - Old Dominion



Intro: 16 Counts, Start at approx 11 secs

SEC 1 Ball Step, Hitch, Mambo Step, Back, Back, Coaster Step

&1-2 Step right beside left, step left forward, hitch right knee
3&4 Rock right forward, recover weight onto left, step right back
5-6 Step left back, step right back
7&8 Step left back, step right beside left, step left forward

Restart Here on Wall 2

SEC 2 ½ Back Strut, ¼ Side Strut, Cross, Back, Ball Cross Shuffle

1-2 Turn ¼ left touch right to right, turn ¼ left drop right heel transferring weight on right (6:00)
3-4 Turn ¼ left touch left to left, drop left heel transferring weight on left (3:00)
5-6& Cross right over left, step left back, step right beside left
7&8 Cross left over right, step right beside left, cross left over right

SEC 3 ½ Step Hitch, Side Rock ¼ Step, Step, ½ Pivot, Step, ¼ Paddle, ¼ Paddle

1-2 Turn ¼ right step right forward, turn ¼ right hitch left knee (9:00)
3&4 Rock left to left, turn ¼ right recover weight onto right, step left forward (12:00)
5&6 Step right forward, pivot 1/2 left transferring weight on to left, step right forward (6:00)
7-8 Turn ¼ right point left to left, turn ¼ right point left to left (12:00)

SEC 4 Walk, Walk, Mambo Step, Ball Together, Body Roll, Bounce Heels x2

1-2 Step left forward, step right forward
3&4 Rock left forward, recover weight onto right, step left back
&5-6 Step right back, step left beside right, body roll from head to toe
7-8 Bounce both heels, bounce both heels

Restart Here on Wall 4

SEC 5 Kick Ball Change, Ball Shuffle Sweep, ¼ Diamond

1&2 Kick right forward, step right beside left, step left forward
&3&4 Step right beside left, step left forward, step right beside left, step left forward sweeping right from back to front
5&6 Cross right over left, step left to left, turn ⅛ right step right back (1:30)
7&8 Step left back, turn ⅛ right step right to right, cross left over right (3:00)

SEC 6 ½ Monterey, ¼ Step Sweep, ½ Paddle, ¼ Paddle, Rock Sweep

1-2 Point right to right, turn ½ right step right beside left (9:00)
3-4 Point left to left, turn ¼ left step left forward sweeping right from back to front (6:00)
5-6 Turn ⅜ left point right to right, turn ⅜ left point right to right (9:00)
7-8 Rock right forward, recover weight onto left sweeping right from front to back

SEC 7 Pony, Pony, Coaster Step, Ball Walk, Walk

1&2 Step right back hitching left knee, step left beside right, step right back hitching left knee
3&4 Step left back hitching right knee, step right beside left, step left back hitching right knee
5&6 Step right back, step left beside right, step right forward
&7-8 Step left beside right, step right forward, step left forward

SEC 8 Out, Out, Ball Side, 3 Count Jazzbox, 3 Count ¼ Jazzbox, Walk, Walk

&1&2 Step right to right, step left to left, step right beside left, step left to left
3&4 Cross right over left, step left back, step right to right
5&6 Cross left over right, turn $\frac{1}{4}$ left step right back, step left beside right (6:00)
7-8 Step right forward, step left forward
