

# Rock Bottom

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 4      級數: High Beginner  
編舞者: Diana Oglesby (USA) - July 2023  
音樂: Rock Bottom - Hayley Jensen



**Intro: 16 Counts, start with weight on L**  
**Restart on wall 4 after 16 counts, with step change**

**S1 (1-8) ROCK R OVER, RECOVER, STEP R SIDE, HOLD, L TOGETHER, R SIDE, HOLD, L TOGETHER, R SIDE, HOLD**

1-4&      Rock R over (1), recover to L (2), step R side (3), hold (4), step L together (&)  
5-6&7-8      Step R side (5), hold (6), step L together (&), step R side (7), hold (8)

**S2 (9-16) ROCK L OVER, RECOVER, ROCK L SIDE, RECOVER, STEP L FORWARD, TURN ½ R and STEP R FWD, L FWD, R FWD**

1-4      Rock L over (1), recover to R (2), rock L side (3), recover to R (4)  
5-8      Step L forward (5), turn ½ R and step R forward (6), step L forward (7), step R forward (8)  
(6:00)

**Restart here on wall 4, with step change**

**S3 (17-24) L-R-TOE-HEEL STRUTS, L ROCKING CHAIR**

1-4      Touch L toe forward (1), lower L heel (2), touch R toe forward (3), lower R heel (4)  
5-8      Rock L forward (5), recover to R (6), rock L back (7), recover to R (8)

**S4 (25-32) ¼ L TURNING JAZZ BOX CROSS, L SIDE, HOLD, R TOGETHER, L SIDE, HOLD**

1-4      Cross L over (1), turn ¼ L and step R back (2), step L side (3), cross R over (4)  
5-6&7-8      Step L side (5), hold (6) step R together (&), step L side (7), hold (8) (3:00)

**REPEAT**

1      Restart on wall 4 after 16 counts. Step change – in S2, count 8, touch R together

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