

Life of a Man (남자의 인생)

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Janice Kim (KOR), NaJung Kim (KOR) & Sunny Son (KOR) - July 2023
音樂: Life of a Man (남자의 인생) (Remix Version) - Kim Gun Mo (김건모)



No Tag No Restart

#1 Kick & Point (R-L), Cross Shuffle, 1/2L Run-Run-Run

1&2 Kick RF forward, step RF next to LF, point LF to left side
3&4 Kick LF forward, step LF next to RF, point RF to right side
5&6 Cross RF over LF, step LF next to RF, cross RF over LF
7&8 Turn 1/2 left stepping RF,LF, RF (6:00)

#2 Fwd Rock, Recover, 1/4R Sailor, Fwd, 1/2R Heel Twist (R-L), Back Rock, Recover

1 2 Rock RF forward, recover on LF
3&4 Turn 1/4 right stepping RF behind LF, step LF next to RF, step RF to right side(9:00)
5&6 Step LF forward, twist RF heel turning 1/4 right, twist LF heel turning 1/4 right(3:00)
7 8 Rock RF back, recover on RF

#3 Walk(R-L-R-L), Heel&Heel&Heel, Hook

1 2 3 4 Step RF forward, step LF forward, step RF forward,step LF forward
5&6& Touch RF heel forward, step RF next to LF, touch LF heel forward, step LF next to RF
7 8 Touch RF heel forward, hook RF in front of LF

#4 1/4R Heel Grind, Coaster, 1/4L Heel Grind, Coaster

1 2 Step RF forward & grind RF heel turning 1/4 right(6:00), step LF back
3&4 Step RF back, step LF next to RF, step RF forward
5 6 Step LF forward & grind LF heel turning 1/4 left(3:00), step RF back
7&8 Step LF back, step RF next to LF, step LF forward

***This choreography is made for having hardworked retired gentlemen in LDQK. We hope they enjoy Linedance forever!!

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