

Lo Digo Salsa

拍數: 64 牆數: 2 級數: Improver
編舞者: Om Pardi (INA) - July 2023
音樂: Lo Digo (feat. Gente de Zona) - Carlos Rivera



Start dance on lyrics - No Tag – No Restart

S1: WHISK (RIGHT, LEFT), FORWARD COASTER STEP, BACK, TOGETHER, IN PLACE

1&2 Step R to side (1), Cross L behind R (&), Step R in place (2)
3&4 Step L to side (3), Cross R behind L (&), Step L in place (4)
5&6 Step R forward (5), Step L beside R (&), Step R back (6)
7&8 Step L back (7), Step R beside L (&), Step L in place (8)

S2: REPEAT S1:

S3: BOTAFOGOS, FORWARD & BACKWARD MAMBO

1&2 Cross R over L (1), Rock L to side (&), Recover on R(2)
3&4 Cross L over R (3), Rock R to side (&), Recover on L (4)
5&6 Rock R forward (5), Recover L (&), Step R back (6)
7&8 Rock L back (7), Recover on R (&), Step L forward (8)

S4: CROSS OVER, TURN ¼ RIGHT, BACK, LIFT, BACK COASTER STEP

1&2& Cross R over L (1), Make ¼ right turn step L back (&), Step R back (2), Lift L knee up (&),
3&4 Step L back (3), Step R next to L (&), Step L forward (4)
5&6& Repeat 1&2&
7&8 Repeat 3&4

S5: CROSS ROCK, RIGHT CHASSE, CROSS ROCK, LEFT CHASSE

1-2 Cross rock R over L (1), Recover on L (2)
3&4 Step R to side (3), Step L next to R (&), Step R to side (4)
5-6 Cross Rock L over R (5), Recover on R (6)
7&8 Step L to side (7), Step R next to L (&), Step L to side (8)

S6: BACK, TOUCH, BACK TOUCH, SIDE MAMBO

1-4 Step R back (1), Touch L over R (2), Step L back (3), Touch R over L (4)
5&6 Rock R to side (5), Recover on L (&), Step R next to L (6)
7&8 Rock L to side (7), Recover on R (&), Step L next to R (8)

S7: TRAVELLING LOCK SHUFFLE WITH ¼ LEFT TURN

1&2 Step R forward (1), Lock L behind R (&), Make ¼ left turn step R forward (2)
3&4 Step L forward (3), Lock R behind L (&), Make ¼ left turn step L forward (4)
5&6 Step R forward (5), Lock L behind R (&), Make ¼ left turn step R forward (6)
7&8 Step L forward (7), Lock R behind L (&), Make ¼ left turn step L forward (8)

S8: FORWARDM SIDE, BACK, BESIDE, (PIVOT ½ LEFT)X2

1-4 Step R forward (1), Step L to side (2), Step R back (3), Step L beside R (4)
5-8 Step R forward (5), Pivot ½ left turn (6), Step R forward (7), Pivot ½ left turn (8)

Begin again

For more questions please contact: jsdc2009@gmail.com

