Rubbermaid



拍數: 80 編數: Phrased Advanced - Catalan

編舞者: Marco Forghieri (IT) - July 2023 音樂: Backwood Bump - Waterloo Revival



Sequenza: Intro-A-Brg-B-T1-A-Brg-B-T2-Brg-Brg-B-Final-Final

A - 32 counts
B - 48 counts
Bridge - 16 counts
Tag 1 - 8 counts
Tag 2 - 16 counts
Final - 16 counts

PART A: 32c

SCUFF HITCH STOMP UP, RIGHT HEEL TOUCH TWICE, SAILOR TURN, SIDE POINT, SIDE POINT

1&2 Scuff R Forward, Jumped Hitch Forward R, Touch R Forward

&3&4 R Heel Out, R Heel In, R Heel Out, R Heel In

5&6 Sailor Step R Turning 1/2 R

7&8& Point L to Side, Close L to R, Point R to Side, Hook R behind L

JAZZ ROCKS, CROSS, STEP RONDE, CROSS, UNWIND, STEP SLIDE, STOMP

1&2& Diagonal Step Back R, Recover on L, Diag Step Back R, Recover on L with R Kick

3-4 Cross R Over L with Pointed L Behind R, Step L Back with R Ronde

5-6 Cross R Behind, Unwind On R with a Full Turn R

7-8 Step Side L with R Slide, Stomp R Side

CROSS, CLOSE, SKATE THRICE, SIDE ROCK, SKIP, SYNCOPATED ROCKING CHAIR

1& Cross L Over R Forward, Close R to L

2-3-4& Skate L to L, Skate R to R, Skate L to L, Hook R behind L

5&6 Side Step R, Recover to L, Close R to L with a Skip with the Left Leg

&7&8 Diagonal Step L Forward, Recover to R, Diagonal Step Back L, Recover to R,

STEP FORWARD, SIDE ROCK, STEP FORWARD, SIDE ROCK, ROCK FORWARD, COASTERSTEP

1&2 Step L Forward, Side Step R, Recover to L3&4 Step R Forward, Side Step L, Recover to R

5-6 Step L Forward, Recover to R

7&8 Step L Back, Close R to L, Step L Forward

BRIDGE:

WALK FORWARD, CAMEL WALK, TURNING ROCK FORWARD, TURNING ROCK FORWARD, JUMP, TOGETHER, SWIVELS

1 Step R Forward

&2&3&4 Kick L Forward, Step L with R Point next to L, Kick R Forward, Step R with L Point next to R -

(Twice)

Step R Forward, Recover on L, Step R Forward Turn 1/2 R, Recover on L
 Stomp Together Turning 1/2 R, Swivel R toe to R and L heel to L, return to place

HEEL TOUCHES, SCUFF, BRUSH, STOMP, HOLD, STOMP, STOMP UP

1&2& Heel Touch R Forward, Close R to L, Heel Touch L Forward, Close L to R

3-4 Scuff R Forward, Brush R Back Turning 1/2 R

5- (6) Stomp Forward R, Hold

7-8 Stomp Forward L, Stomp Up Forward R

PART B: 48c

KICKS, CROSS, KICKS AND TWIST, KICK, FLICK, KICKS & SKIP, STEP LOCK

1&2 Kick R to R, Kick L to L still Going R, Cross R behind L

3&4& Kick L to L, Kick R to R still Goin L, Twist on L foot slightly to L, Kick R Forward

5&6&7 Step R on Place with Flick L, Kick L Forward, Step L on Place with Flick R, Step R on Place

with Kick L, Step L on Place with Flick R

8& Step Forward R, Lock L Behind R

STEP FORWARD, TURNED STEP BACK, LOCK STEP BACKWARDS, FULL TURN BACK, COASTERSTEP

1-2 Step R Forward, Step L Back Turn 1/2 R3&4 Step Back R, Lock L Over R, Step Back R

5-6 Step R Forward Turn 1/2 R, Step L Back Turn 1/2 R

7&8 Step L Back, Close R to L, Step L

JUMPING GRAPEVINE TO RIGHT, JUMPING JAZZBOX, STOMP TOGETHER, SCUTT TWICE, JUMPING JAZZBOX WITH L SLAP, STEP SLIDE, STOMP

1&2 Kick R To R, Step Side R with L Hook behind R, Kick R to R

&3&4 Kick L Forward, Cross L over R, Recover with a L Kick, Stomp Together

&5&6& Turning Scutt R 1/2 R, Turning Scutt R 1/2 R,Kick L Forward, Cross L over R with a L Hand

Slap on R Heel, Recover on R

7-8 Side Step L with R Slide, Stomp R Forward

STEP FORWARD, SIDE ROCK, STEP FORWARD, SIDE ROCK, OUT/OUT, STEP SLIDE, SYNCOPATED ROCK

1&2 Step L Forward, Side Step R, Recover to L3&4 Step R Forward, Side Step L, Recover to R

5-6 L Heel Out to L, R Heel Out ro R

7-8& Step Back L with R Slide, Step Back R, Recover on L

SIDE/TOUCH 1/4 LEFT TURN TWICE, STEP RONDE, BACK, TOGETHER, JUMP WITH BODYROLL

1-2 Step Side R 1/4 L, Touch L next to R Snapping on Fingers
3-4 Step Side L 1/4 L, Touch R next to L Snapping on Fingers

5 Step R Back Turning 1/2 L with a L Ronde

6&7-8 Step Back L, Close R to L, Stomp Together, Body Roll on 2 Counts

KICK FORWARD, KICK BACK, SIDE CHASSE, MAMBO STEP, STEP TURN, TWIST WITH R SLAP

1-2& Kick R Forward, Kick R Back, Recover R Turning 1/4 R

3&4 Step Side R, Close L to R, Step Side R

5&6 Step L over R, Recover on R, Step L Forward Turning 1/4 L

7&8 Step R Forward, Turn 1/2 L to L Foot, Turn 1/2 L with an R Hitch with a R Hand Slap on R

Flank

TAG 1:

STEP TURN, TURNING SHUFFLE BACK, KICKS BACK, STEP BACK & SLIDE, STOMP

1-2 Step Forward R, Turn 1/2 L to L Foot

3&4 Step Back R 1/2 L, Close L to R, Step Back R
5-6& Kick Back L, Kick Back R, Hook R behind L
7-8 Step R Back with a L Slide, Stomp L Forward

TAG 2:

STEP TURN, TURNING SHUFFLE BACK, KICKS BACK, STEP SIDE & SLIDE, STOMP

1-2 Step Forward R, Turn 1/2 L to L Foot

3&4 Step Back R 1/2 L, Close L to R, Step Back R
5-6& Kick Back L, Kick Back R, Hook R behind L
7-8 Step Side R with a L Slide, Stomp L to Side

CROSS BACK & CROSS OVER, ROCK FORWARD, BODY ROLL BACK, BODY ROLL BACK & SLAP

1&2 Cross R behind L, Close L to R, Cross R Over L

3-4 Step L Forward Turn 1/4 L, Recover to R

5-6& Point L Back Startin Body Roll, Back Body Roll on L, Close R with L Point Back

7-8 Back Body Roll on L, Hook R behind L with L Hand Slap on R Heel

FINAL:

TURNING JUMPED JAZZBOX R&L, STOMP TOGETHER, TURNING SCUTT TWICE, JUMPED JAZZBOX, STEP SIDE & SLIDE, STOMP

1&2 Kick R Forward, Cross R Over L Turn 1/4 L, Recover on L with R kick Forward &3& Kick L Forward Turn 1/4 L, Cross L Over R Turn 1/4 L, Recover on R Turn 1/4 L

4 Stomp Together &5 Hitch R, Step Back R &6 Hitch L, Step Back L

&7-8 Hitch R, Step Back R with Slide L, Stomp L Forward

KICK & POINTS L&R, SIDE BODY ROLL TWICE

1-2 Kick R Forward, Close R to L, Point L Side3-4 Kick L Forward, Close L to R, Point R Side

5-6& Side Body Roll on R, Close L to R, Point R to Side

7&8& Side Body Roll on R, Close L to R, Step Side R, Recover to L

CLOSURE: Stomp Forward R

Last Update: 3 Oct 2023