

# You Only Live Once

COPPERKNOB  
BY STEPHENETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Cristina Sahoo (USA) - July 2023  
音樂: 'Til You Can't - Cody Johnson



Start: right after "You" when the vocals start, "You can tell...". Dance starts at 12:00 and ends at 9:00.

## Section 1 (steps 1-8)

Starts at 12:00 with Weight on Left foot

Ends at 9:00 with Weight on Left foot

Grape Vine Right (1&2&), Grape Vine Left (3&4&), ¼ Turn Right x 3 (5&6) Hitch Left (&), Left Coaster Step (7&8) with Right Touch to Left (&)

1&2&      RF to right (1), LF behind RF (&), RF to right (2), LF touch next to RF (&)

3&4&      LF to right (3), RF behind LF (&), LF to left (4), RF touch next to RF (&)

5&6&      Step RF to Right with ¼ Turn Right (5) Step LF to Right with ¼ Turn Right (&) Step RF to Right with ¼ Turn

Right (6) Hitch Left (&)

7&8&      Step LF back (7) Step RF next to LF (&) Step LF front (8) Tap RF next to LF (&)

## Section 2 (steps 9-16)

Starts at 9:00 with Weight on Left

Ends at 6:00 with Weight on Right

Rumba Box Back (1&2&3&4&), Forward Shuffle RLR (5&6) with Left Touch to Right (&), ¼ Turn Right (7) with Right Hitch (&) ½ Turn Right (8) with Hitch Left (&)

1&2&      Step RF to Right Side (1) Tap LF next to RF (&) Step RF to back (2) Tap LF next to RF (&)

3&4&      Step LF to Left Side (3) Tap RF next to LF (&) Step LF forward (4) Tap RF next to LF (&)

5&6&      Shuffle forward (RLR)(5&6) Tap LF next to RF (&)

7&8&      With LF ¼ Turn Right (7) then Right Hitch (&) With RF ½ Turn Right (8) then Left Hitch (&)

## Section 3 (steps 17-24)

Starts at 6:00 with Weight on Right

Ends at 12:00 with Weight on Left

Left Sailor with ¼ Turn Left (1&2) Right Touch to Left (&), Forward Shuffle RLR (3&4) with Left Touch to Right (&), Left Jazz Box (5&6&), Left Sailor with ¼ Turn Left (7&8) with Right Touch to Left (&)

1&2&      LF back (1) RF to Right side (&) LF step to Left side with ¼ Left Turn (2) RF touch to LF (&)

3&4&      Forward Shuffle (RLR) (3&4) LF touch to RF (&)

5&6&      Step LF forward (5) RF back (&) LF back (6) RF forward (&)

7&8&      LF back (7) RF next to LF (&) LF step with ¼ Turn Left (&) RF touch next to LF (&)

## Section 4 (steps 25-32)

Starts at 12:00 with Weight on Left

Ends at 3:00 with Weight on Left

Right Step Touch to Right Diagonal Forward (1&) Left Step Touch Diagonal Back (2&) ½ Turn Right with Shuffle (RLR) (3&4) Tap LF next to RF (&) Left Step Touch to Left Diagonal Forward (5&) Right Step Touch Diagonal Back (6&) Left Coaster Step (7&8) with Right Touch to Left (&)

1&2&      Step RF to R Diag Fwd (1) LF touch LF next to RF (&) Step LF to Left Diag Back (2) touch RF next to LF (&)

3&4&      Turn ½ to Right with Forward Shuffle (RLR) (3&4) LF touch next to RF (&)

5&6&      Step LF to Left Diag Fwd (5) touch RF to LF (&) Step RF to R Diag Back (6) touch LF next to RF (&)

7&8&      LF back (7) RF next to LF (&) LF step with ¼ Turn Left (&) RF touch next to LF (&)

Restarts: NONE

