

South Side Shuffle

拍數: 64 牆數: 4 級數: Improver
編舞者: Rex Allott (UK) - July 2023
音樂: South Side Shuffle - Skeewiff



Intro - 16 beats

S1. Chasse R, L, R mambo steps, R coaster step

1&2. Step R to R, step L next to R, step R to R
3&4. Cross L over R, step R on the spot, step L next to R
5&6. Cross R over L, step L on the spot, step R next to L
7&8. Step R back, step L fwd, step R next to L

S2. Chasse L, R, L mambo steps, L coaster step

1&2. Step L to L, step R next to L, step L to L
3&4. Cross R over L, step L on the spot, step R next to L
5&6. Cross L over R, step R on the spot, step L next to R
7&8. Step L back, step R fwd, step L next to R

S3. Cross shuffle R, turning 1/2 L sweep R, L coaster step stomp R, L

1&2. Cross L over R, step R behind L, step L over R
3-4. Turning 1/2 L sweep R back, step L next to R
5&6. Step L back, step R fwd, step L next to R
7-8. Stomp R, L

S4. Rpt S3.

S5. Point R out R, pause, return, point L out L, pause, return, diagonal heel touches R, L, R, L

1-2&. Point R toe out R, pause, return
3-4&. Point L toe out L, pause, return
5&6&. Touch R heel diagonally out R, return, touch L heel diagonally out L, return
7&8&. Rpt 5&6&

S6. Heel swivels R, L, fwd heel touches R,nL, R shuffle fwd, 1/2 walking turn R

1&2&. Swivel R heel out, return, swivel L heel out, return
3&4&. Touch R heel fwd, return, touch L heel fwd, return
5&6. Step R fwd, step L behind R, step R fwd
7&8. Turning 1/2 R, step L, R

S7. Cross rock step L triple step L,R,L, cross rock step R, triple step R,L,R

1-2. Cross L over R, rock back on R
3&4. Triple step L, R, L on the spot
5-6. Cross R over L, rock back on L
7&8. Triple step R, L, R on the spot

S8. Kick R fwd, diagonally fwd, back, return, rpt L, step R to R, turn 3/4 R with R heel grind, triple step R, L,R

1&2&. Kick R fwd, diagonally fwd R, diagonally back R, return (basically making a circular motion)
3&4&. Kick L fwd, diagonally fwd L, diagonally back L, return
5-6. Step R out R, turn 3/4 R on R heel,
7&8. Triple step R, L, R

Finish by dancing S3 1-4 with 1/4 turn L on 3-4 after last S4. to face 12 o'clock

