

White Line Polka

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Mike Liadouze (FR) & Chrystel DURAND (FR) - July 2023
音樂: Down The Road - Southerland



Introduction: 32 counts

Sequence: 32-Tag-32-32-20-32-32-20-16-32-32-32

[1-8] TRIPLE FWD, ¼ R TRIPLE SIDE, TRIPLE ¼ R, ¾ R

1&2 Step RF forward, Step LF together, Step RF forward
3&4 ¼ turn R... Step LF side, Step RF together, Step LF side (3:00)
5&6 Step RF side, Step LF together, ¼ turn R... Step RF forward (6:00)
7-8 ½ turn R... Step LF back, ¼ turn R... Step RF side (3:00)

[9-16] SYNCHOPATED WEAVE, SIDE ROCK ¼ L, FULL TURN L

1&2& Cross LF over RF, Step RF side, Cross LF behind RF, Step RF side
3&4 Cross LF over RF, Step RF side, Cross LF behind RF
5-6 Rock RF side prepping body to R, ¼ turn L... Recover on LF forward (12:00)
7-8 ½ turn L... Step RF back, ½ turn L... Step LF forward (12:00)

Easy option 7-8 : Walk RF forward, Walk LF forward

RESTART here on 8th wall (9:00)

[17-24] ¼ L TRIPLE SIDE, SAILOR ¼ L, HEEL (or KICK) & TOE & STEP ½ L W/ HOOK

1&2 ¼ turn L... Step RF side, Step LF together, Step RF side (9:00)
3&4 CROSS LF behind RF, ¼ turn L... Step RF together, Step LF forward (6:00)

RESTART here on 4th & 7th wall (9:00)

5&6 Touch R heel or Kick RF forward, Step RF together, Touch L toe behind RF
&7-8 Step LF together, Step RF forward, ½ turn L... Hook LF over RF (12:00)

[25-32] TRIPLE FWD, KICK & POINTE & BIG STEP SIDE W/ DRAG, SAILOR ¼ L

1&2 Step LF forward, Step RF together, Step LF forward
3&4 Kick RF forward, Step RF together, Touch L toe side
&5-6 Step LF together, Big step RF side, Drag LF together
7&8 Cross LF behind RF, ¼ turn L... Step RF together, Step LF forward (9:00)

TAG (4 counts) At the end of wall 1 (9:00): TRIPLE STEP FWD x2 //or TRIPLE ½ L x2

1&2 Step RF forward, Step LF together, Step RF forward // ¼ turn L... Step RF side, Step LF together, ¼ turn L... Step RF back
3&4 Step LF forward, Step RF together, Step LF forward // ¼ turn L... Step LF side, Step RF together, ¼ turn L... Step LF forward

The 3 restarts & tag are at 9 o'clock

FINAL after 11th wall (12:00) : Stomp RF forward & TaaDaam (L hand up, R hand down)

HAVE FUN !!! ☐

Last Update: 21 Oct 2023