

Heat Waves

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Gregory F. Huff (USA) - July 2023
音樂: Heat Waves - Glass Animals



56 count intro; start dance at: 41 in music

HEEL TOE HEEL KICK, LOCK STEP, SYNCHOPATED ROCKING CHAIR, BABY RUN

- 1&2& Place left heel forward, kick left foot back bending at the knee, place left heel forward, cross left foot over right knee
- 3&4 Step left foot forward, step right foot crossed behind left, step left foot forward
- 5&6& Step right foot forward, step left foot in place, step right foot backward, step left foot in place
- 7&8 Run baby steps forward: right, left, right

MODIFIED APPLEJACKS*, STOMP STOMP KICK

- 1&2& With weight on left heel swivel left foot left while swiveling right heel right on ball of right foot, return to center, with weight on right heel swivel right foot right while swiveling left heel left on ball of left foot, return to center
- 3&4& With weight on left heel swivel left foot left while swiveling right heel right on ball of right foot, return to center, with weight on left heel swivel left foot left while swiveling right heel right on ball of right foot, return to center
- 5&6& With weight on right heel swivel right foot right while swiveling left heel left on ball of left foot, return to center, with weight on left heel swivel left foot left while swiveling right heel right on ball of right foot, return to center
- 7&8 Stomp right foot twice, kick right foot slightly forward while lifting knee up

ALF/WOP COMBO VARIATION RIGHT, LEFT, ¼ TURN LEFT SHUFFLE

- 1&2& Step right foot to the right, lift left foot off the floor bent at the knee, step left foot left, lift right foot off the floor bent at the knee
- 3&4& Step right foot right, step left next to right, step right foot right, lift left foot off the floor bent at the knee
- 5&6& Step left foot to the left, lift right foot off the floor bent at the knee, step right foot right, lift left foot off the floor bent at the knee
- 7&8 Step left foot ¼ turn left, step right next to left, step left foot forward

(Optional styling: make a fist and pump arms forward and back in front of you as you move your feet.)

STEP ½ LEFT TURN (2X), STOMP CLAP STOMP CLAP, COASTER

- 1-2 Step forward right, step left foot ½ turn left
- 3-4 Step forward right, step left foot ½ turn left
- 5&6& Stomp right foot, clap, stomp left foot, clap
- 7&8 Step right foot backward, step left next to right, step right foot forward.

WALL 6 TAG AT 2:52 IN MUSIC:

Complete first 16 counts, then 4 count tag:

- 1-4& Cross right foot over left and slowly pivot ½ turn left on balls of your feet as you snap your fingers once on each count: 1,2,3,4. Bring your heels to the floor on the "&" count. (Optional styling: strike a pose while you do the tag.)

(*To prevent injury, please do not attempt applejacks while wearing slip resistant shoes or while dancing on pavement or any surface that restricts movement.)

Add your own style and have fun!!

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