

Stanna Tiden (Stop the Time)

COPPERKNOB
STEPPSHEETS

拍數: 72 牆數: 1 級數: Intermediate
編舞者: Magnus Gustafsson (SWE) - July 2023
音樂: Stanna tiden - Callinaz



Intro: 8 counts

Sequence : A , A up to count 4 section 4 (L forward), B , A , A up to count 4 section 4 (L forward), B , A section 1+2 , Tag (8 counts), B , Cross left over unwind to front

Part A

Section 1 - Walk, sweep, walk, sweep, cross, side cross, sweep

1-2 L Forward ,Sweep right
3-4 R Forward , Sweep left
5-8 L cross over , R to side , Left Cross behind , R sweep front to back 12.00

Section 2 - Cross, Side, Cross , ¼ right , 1/2 right, ½ sweep, point , hitch

1-4 R cross behind, L to side , Right cross front, ¼ right stepping L back
5 ½ right stepping R forward
6 ½ right sweeping R
7 Point L to side
8 Hitch L 03.00

Tag happens here

Section 3 - Walk, Walk , Walk, ½ right , ½ right , ½ sweep , step , press

1 -3 L forward , R forward , L forward
4-6 ½ left stepping R back, ½ left stepping L forward , ½ left Sweeping R
7-8 R forward , Press L forward 09.00

Section 4 - Sway, sway, sway, walk, walk,walk, ½ left, ¼ sweep hitch

1-3 Sway back on R ,Sway forward on L , Sway back on R
4-6 L forward , R forward ,L forward 09.00
7-8 ½ left stepping R back , continue ¼ left sweeping left ending with L hitch 12.00

Part B

Section 1 (start at KL 09.00) - Walk, Walk, ½ step turn, ½ turn, ½ turn, ½ turn, ½ turn

1-4 R forward, L forward , R forward ½ turn L stepping on L 03.00
5-8 ½ left R back, ½ left L forward, ½ left R back , ½ left L forward 03.00

Section 2 - ½ sweep, Cross rock, side , cross rock , side, hitch

1 ½ left sweeping R 09.00
2-3 R cross rock , back on L
4-8 R to side , L cross rock , back on R , L to side, R hitch

Section 3 - ½ monteray, step diagonaly, cross rock, side , hitch

1-3 Point R to side , ½ right touch R beside left , L point to side
4-8 L diagonal forward , R cross rock , back on left, R to side, L hitch 03.00

Section 4 - ½ monteray,step diagonaly, cross rock, side , hitch

1-3 Point L to side, ½ left touch L beside right, R point to side
4-8 R diagonal forward, L cross rock , back on R , L to side , R hitch 09.00

Section 5 - Walk, Walk, Walk, ½ turn, ¼ rock step, side , hitch

1-4 Walk forward R , L, R, L
5-8 ½ left stepping R back , ¼ left rocking L to side , R to side , L hitch 12.00

Tag 03.00

Step, hold, hold, hold, sway, sway, sway, step

1 L forward
2-4 hold
5-8 Sway back on R ,Sway forward on L , Sway back on R, L forward
