

Seven Days

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Gita Achmad (INA) - July 2023
音樂: Seven - Jung Kook & Latto



Start dance after 16 c

Tag after wall 3

SIDE STEP AND TOUCH

1 2 Step R To Side (1), Touch L to R (2)
3 4 Step L To Side (3), Touch R to L (4)

SECTION 1 GRAPEVINE (R - L)

1 2 Step R Side, Cross L Behind R
3 4 Step R to Side , Touch L Close to R
5 6 Step L to Side, Cross R Behind L
7 8 Step L to Side , Touch R close to L

SECTION 2 SWAY AND KNEE UP(R – L)

1 - 4 Sway R (1) Sway L (2) Sway R (3) Lift L knee up (4)
5 - 8 Sway L (5) Sway R (6) Sway L(7) Lift R knee up (8)

SECTION 3 FORWARD DIAGONAL STEP TOUCH (R – L) – ROCK FORWARD - COASTER STEP

1 2 Step R diagonal forward (1), Touch L beside R (2)
3 4 Step L diagonal forward (3), Touch R beside L (4)
5 6 Step R forward (5), Recovery on L (6)
7&8 Step R backward (7), L close beside R (&), Step R forward (8)

SECTION 4 MONTEREY ¼ TO L - BODY ROLL (L – R)

1 2 L to side touch (1), L close ¼ turn to L beside R
3 4 R to side touch (3), Hold (4) (9.00)
5 6 Bend to R (5), roll body to R (6)
7 8 Bend to L (7), roll body to L (8)

Share the joy of the dance

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Last Update - 19 July 2023 - R1