

Get Wild EZ

拍數: 32 牆數: 2 級數: High Beginner
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音樂: Wild - Lolo



Introduction: 16 counts

SIDE TOGETHER, SHUFFLE FORWARD, SIDE TOGETHER, SHUFFLE BACK

1-2 Step R foot to right side [1] - Step L foot next to R foot [2]
3&4 Step R forward [3] - Step L beside R [&] - Step R forward [4]
5-6 Step L to left side [5] - Step R next to L [6]
7&8 Step L back [7] - Step R beside L [&] - Step L back [8]

SIDE TOGETHER, SHUFFLE BACK, SIDE TOGETHER, SHUFFLE FORWARD

1-2 Step R to right side [1] - Step L next to R [2]
3&4 Step R back [3] - Step L beside R [&] - Step R back [4]
5-6 Step L to left side [5] - Step R next to L [6]
7&8 Step L forward [7] - Step R beside L [&] - Step L forward [8]

HEEL GRIND, TRIPLE STEP* - 2X

1-2 Rock forward on R heel [1] - R toe arcs from left to right as recover weight on L [2]
3&4 Step in place: R [3] - L [&] - R [4]
5-6 Rock forward on L heel [5] - L toe arcs from right to left as recover weight on R [6]
7&8 Step in place: L [7] - R [&] - L [8]

RIGHT 1/4 TURN JAZZ BOX - 2X

1-2 Step crossing R over L [1] - step L back [2]
3-4 Turn a 1/4 right stepping R to right side [3] - Step L beside R [4]
5-6 Step crossing R over L [5] - step L back [6]
7-8 Turn a 1/4 right stepping R to right side [7] - Step L beside R [8]

Begin again and ENJOY!

*NOTE: In 3rd set of 8 counts, you may do a back Coaster Step instead of a Triple Step
Get Wild EZ can be used as a split floor dance along with Get Wild by Maddison Glover and Jo Thompson Szymanski (May 2019).