

Having a Good Time

拍數: 64 牆數: 1 級數: Intermediate
編舞者: Luke Shrimpton (UK) - July 2023
音樂: Having a Good Time - The Modern Rogues



Music available on Spotify Here:

<https://open.spotify.com/track/4BhKDhVeZj6aD5bk1OTeGf?si=9024de4728a846bc>

[1-8] Stomp Clap, Clap x2, R Sailor, L Sailor

1&2 Stomp right foot to right side, Clap hands twice
3&4 Stomp left foot to left side, Clap hands twice
5&6 Step right foot behind left, step left foot to left side, step right foot to right side
7&8 Step left foot behind right, step right to right side, step left foot to left side

[9-16] Lock Unwind 3/4, L Shuffle, Syncopated Rocking Chair, 1/4 R

9 Lock right foot behind left – keeping weight on left foot
10 Unwind a 3/4 turn right to face 3 O'clock transferring weight onto right foot
11&12 Step left foot forward, step right together, step left foot forward
13&14 Rock forward on right, recover weight onto left, rock back on right
&15& Recover weight onto left, rock forward on right, recover weight onto left
16 Step right to right side turning 1/4 right to face 12 O'clock

(restart here on wall 2 – after count 16 add in an & count to step left in place)

[17-24] L Behind & Cross, R Side Rock Cross, L 1/4 shuffle, R 1/2 Step Turn Step

17&18 Step left behind right, Step right to right side, Step left in front of right
19&20 Rock right to right side, Recover weight on left, Cross right over left
21&22 Step left foot forward 1/4 turn left to face 3 O'clock, Step right to left, Step left forward
23&24 Step right foot forward, Turn 1/2 turn left to face 9 O'clock, Step forward right

[25-32]: L Shuffle, Side Rock Cross 1/4, Syncopated Weave, L Rock and Cross

25&26 Step left foot forward, step right together, step left foot forward
27&28, Rock right to right while turning 1/4 turn left to face 12 O'clock, recover weight onto left, Cross right over left
29&30& Step left to left side, Step right behind left, Step Left to left side, Cross right over left
31&32 Rock left to left side, recover weight onto right, Cross left over right

(restart here on wall 4)

[33-40] Stationary Dorothy Steps R,L,R,L

33,34& Step right to right side, Lock left behind right, Step right to right side
35,36& Step left to left side, Lock right behind left, Step left to left side
37-40 Repeat 33-36

[41-48] Syncopated Rocking Chair, Hitch R, Out Out, Hips L, R, Roll

41&42& Rock forward right, recover onto left, rock back right, recover onto left
43&44 Hitch right knee, step right to right, step left to left
45 Bump hips Left
46 Bump hips right
47&48 Roll hips anticlockwise to end with weight on left

[49-64] Repeat Counts 33-48

49-64 Repeat Counts 33-48

