

# Baby, Calm Down

**COPPERKNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: High Beginner  
編舞者: MeiKo (INA) - July 2023  
音樂: Calm Down - DJ Goja & Magic Phase



## S1. FWD ROCK ~ ANCHOR STEP ~ BOTAFOGO

1-2            R fwd, recover on L  
3&4           R behind L (weight on RF), L in place (weight on LF), switch weight on RF  
5&6           L behind RF (weight on LF), R in place (weight on RF), switch weight on LF  
7&8           R cross over L, L to side, recover on R

## S2. CROSS SHUFFLE ~ FWD ROCK ~ COASTER STEP

1&2           L cross over R, R to side, L cross over R  
3&4           R to side turn 1/2 to R, L to side, R cross over L (fc 06)  
5-6           L fwd, recover on R  
7&8           L step back, R together, L fwd

## S3. PIVOT 1/2 ~ PIVOT 1/4 ~ JAZZBOX

1-2           R fwd, R turn 1/2 to L (fc 12)  
3-4           R fwd, R turn 1/4 to L (fc 09)  
5-8           R cross over L, L back, R to side, L fwd

## S4. FWD ROCK ~ BACK SHUFFLE ~ BACK ROCK ~ SHUFFLE

1-2           R fwd, recover on L  
3&4           R step back, L together, R back  
5-6           L step back, recover on R  
7&8           L fwd, R together, L fwd

Last Update: 18 Jul 2023

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