

Lasso

拍數: 32 牆數: 2 級數: Beginner
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音樂: Lasso - LANCO



Intro: 48 Counts. Start at approx 24 secs

SEC 1 Step, Touch, Back, Touch, Kick Ball Change, Out, Out

1-2 Step right forward, touch left beside right
3-4 Step left back, touch right beside left
5&6 Kick right forward, step right beside left, step left forward
7-8 Step right to right, step left to left

SEC 2 Hip Roll, Hip Roll, Jazzbox

1-2 Roll hips anticlockwise over 2 counts
3-4 Roll hips anticlockwise over 2 counts
5-6 Cross right over left, step left back
7-8 Step right to right, step left beside right

Restart Here on Wall 8

SEC 3 Cross, Point, Cross, Point, Cross Rock, Side Shuffle

1-2 Cross right over left, point left to left
3-4 Cross left over right, point right to right
5-6 Cross rock right over left, recover weight onto left
7&8 Step right to right, step left beside right, step right to right

SEC 4 Point Forward, Point Side, Triple Step, ½ Paddle Turn

1-2 Point left forward, point left to left
3&4 Step left beside right, step right beside left, step left beside right
5-6 Turn 1/8 left touch right beside left, turn 1/8 left touch right beside left (9:00)
7-8 Turn 1/8 left touch right beside left, turn 1/8 left touch right beside left (6:00)

Arm 5-8 Lasso right hand over head

Option

5-6 Turn 1/8 left jump both feet together, turn 1/8 left jump both feet together (9:00)
7-8 Turn 1/8 left jump both feet together, turn 1/8 left jump both feet together (6:00)
