

GIVE IT UP!

拍數: 32 牆數: 4 級數: Beginner
編舞者: Ria Ramiro (INA) - July 2023
音樂: Give It Up - Lou Bega



Intro = 64 counts - No Tags

****2X Restarts after 16 counts, on wall 3 and wall 9**

I. STEP KICK STEP TOUCH (2X)

1-2 Step Rf forward, kick Lf forward
3-4 Step Lf backward, touch Rf next to Lf
5-6 Step Rf forward, kick Lf forward
7-8 Step Lf backward, touch Rf next to Lf

II. MONTEREY 1/4 R, ROCKING CHAIR

1-2 Touch Right toe to Right, Bring Rf next to Lf as you twist both heels to the L to make 1/4 Turn Right
3-4 Touch Left toe to Left, step Lf next to Rf
5-6 Step Rf forward, recover onto Lf
7-8 Step Rf backward, recover onto Lf

***Restart here on wall 3 and wall 9**

III. GRAPEVINE, STEP TOGETHER, SWIVEL

1-2 Step Rf to R, step Lf behind Rf
3-4 Step Rf to R, touch Lf next to Rf
5-6 Step Lf to L, step Rf next to Lf
7-8 Swivel both heels right, both heels center

IV. MODIFIED K STEP

1-2 Step Rf to R diagonal forward, touch Lf next to Rf
3-4 Step Lf to L diagonal backward, touch Rf next to Lf
5-6 Step Rf to R diagonal backward, touch Lf next to Rf
7-8 Step Lf to L diagonal backward, touch Rf next to Lf

This Choreography is presented as A Birthday Gift to my Lovely Sister "Grace Lumy"

Happy bday Sis□□□

Enjoy the dance and have fun□□

Email : riaramiro47@gmail.com