

# Lyrics Can Hurt

拍數: 32      牆數: 2      級數: Improver  
編舞者: Urban Danielsson (SWE) - May 2023  
音樂: Be Careful with That Song - Josiah Siska



Intro 16 counts

Restart on wall 2, 3 and 5

**Section 1: Point, together, point, together, heel, walk back, back, coaster step, step forward.**

1&2      Point right toes to right side, step right next to left, point left toes to left side.  
&3-4      Step left next to right, touch right heel forward, step right foot back  
5      Step left foot back.  
6&7      Step right foot back, step left next to right, step right foot forward.  
8      Step left foot forward.

**Section 2: Pivot ½ turn, walk forward, shuffle forward, rock-recover, coaster step.**

1-2      Pivot ½ turn to right step down on right foot forward, step left foot forward  
3&4      Step right forward, step left next to right, step right foot forward.  
5-6      Rock left foot forward, recover weight onto right foot  
7&8      Step left foot back, step right next to left, step left foot forward.

**Note: Restart on wall 3.**

**Section 3: Heel, together heel, together, point, step behind, side, shuffle back, ¼ turn step side.**

1&2      Touch right heel forward, step right next to left, touch left heel forward.  
&3-4      Step left next to right, point right to right side, step right behind of left  
5      Step left to left side.  
6&7      Step back on right, step left next to right, step back on right.  
8      ¼ turn left step left to left side.

**Section 4: Step cross, back, kick-ball-cross, ¼ turn walk forward, walk, rock-recover.**

1-2      Step right across in front of left, step left foot back  
3&4      Kick right diagonally to right, step right next to left, step left across in front of right (turning body to right)  
5-6      ¼ turn right step right foot forward, step left foot forward

**Note: Restart on wall 2 and 5.**

7-8      Rock right foot forward, recover weight onto left

**RESTART and ENJOY!**