

Hold Me Now & Stay

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Absolute Beginner
編舞者: Wanda Heldt (AUS) & Linda Morris (AUS) - May 2023
音樂: Hold Me Now (Dance Version) - Johnny Logan



No need for Tags & Restart.

But you have the Option:- to Add if so wish :-)

2 Tags: End of Wall 4 [8 Counts] & End of Wall 8 [4 Counts] & restart...

[1] RIGHT TOE, HEEL to RIGHT SIDE, LEFT TOE, HEEL to LEFT SIDE STEP BACK RIGHT, POINT LEFT to SIDE, STEP FORWARD LEFT, POINT RIGHT TOE to SIDE

1-2 Touch Right toe forward, Place Weight on Right heel
3-4 Touch Left toe, Place Weight on Left heel
5-6 Step back on Right, Point Left toe to side
7-8 Step Left forward, Point Right toe to side

[2] RIGHT CROSS, RECOVER, RIGHT, SIDE, HOLD LEFT CROSS, RECOVER, SIDE HOLD

1-4 Cross Right over Left, Recover on Left, Step Right to Right side, Hold
5-8 Step Left across Right, Recover on Right, Step Left to Left side, Hold

[3] 2 X PADDLE TURN LEFT, RIGHT ROCKING CHAIR

1-2 Step forward on Right, 1/4 turn Left [Wt. on Left] [9:00]
3-4 Step forward on Right, 1/4 turn Left [Wt. on Left] [6:00]
5-8 Rock forward on Right, Recover on Left, Rock back on Right, Recover on Left

[4] BOX STEP

1-4 Step Right to Right side, Step Left next to Right, Step forward on Right, Hold [6]
5-8 Step Left to Left side, Step Right next Left, Step forward on Left Hold

**CAN DANCE THROUGH without Tags -
but Have the Options to Add the Tags & Restart...**

1st Tag:- K. STEP - END of Wall 4 {8} Counts [12]

1-2 Step forward Right diagonal, Touch Left beside Right.
3 4 Step back to Left diagonal, Touch Right beside Left.
5 6 Step to Right diagonal, Touch Left beside Right.
7 8 Step forward to Left diagonal, Touch Right beside Left.

2nd Tag:- STEP, TOUCH, STEP TOUCH - END of Wall 8 [4 Counts] [12]

1-2 Step Right to Right side. Touch/Slide Left next to Right
3-4 Step Left to Left side, Touch/Slide Right next to Left

Restart dance..... HAVE FUN IN LIFE & IN DANCE

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