

Johnny Jump Up

COPPER **NOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Sandra SOUILLARD (FR) - July 2023
音樂: Johnny Jump Up / Morrison's Jig - Gaelic Storm



Taught at Festival Country international de Santa Susanna, Spain 2017

R = Right, L = Left, RF = Right Foot, LF = Left Foot

Section 1 VINE CROSS, SIDE POINT, HITCH CROSS, HOLD

(Arms option: Left hand at the waist. Right arm straight to the R, hand on the shoulder of next dancer on your R.)

Celtic styling: Grapevines on toes)

- 1 - 4 Vine to R, Cross (RF to R, LF behind RF, RF to R, LF cross over RF) (12h)
- 5 - 7 RF pointed to R, Hitch R, cross RF in front of LF
- 8 Hold (* Restarts)

Section 2 VINE CROSS, SIDE POINT, HITCH CROSS, HOLD

(Arms option unchanged)

- 1 - 4 Vine to L, Cross (LF to L, RF behind LF, LF to L, RF cross over LF)
- 5 - 7 LF pointed to L, Hitch L, cross LF over RF
- 8 Hold

Section 3 SIDE POINT HOLD R & L, POINT FORWARD R, HOLD, HOOK, POINT

- 1-2 & 3-4& RF pointed R, Hold, switch (&), LF pointed L, Hold, switch (&)
- 5-6, 7, 8& RF pointed forward, Hold, Hook PD in front of L shin, RF pointed forward again, switch (&)

Section 4 POINT HITCH TOE HITCH, STEP, ¼ T à D, CROSS

- 1, 2 LF pointed forward, Hitch backward
- 3, 4 LF Touch Toe back, Hitch forward (or 1-4 Rocking Chair lifting LF more in the middle)
- 5 - 7 LF Step forward, ¼ T to R, Cross LF over RF (3h)
- 8 Hold

Start again, breath and smile!

(*RESTARTS on 4th wall (9h) and 13th wall (9h) after 8th count

(= doubling section 1, so to restart on the RF, on 7th count replace Cross STEP by a Cross TOUCH RF, keeping weight on LF)

follow the music when it speeds up!

At live concerts (for example by the Celtic Sailors), beware
of changes in the musical structure (restarts changed or suppressed, long pauses)
English version 2023