

# Country Heel

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Tine Norup (DK) - July 2023  
音樂: Country Dance - Aaron Goodvin



**Intro: 16 counts**

**Section 1: Right Heel Dig x2 Right Coaster Step. Left Heel Dig X 2 Left Coaster Step**

1-2-3&4      right (1) Heel, right (2) heel forward (3&4) right Coaster step  
5-6-7&8      left (5) Heel, left (6) heel forward (7&8) left Coaster step.

**Section 2: Turn ¼ left Cross Shuffle, 1/4 Sailor Step Left**

1-2      Step right forward, make 1/4 turn left.  
3&4      Cross right over left. Step left to left side. Cross right over left.  
5-6      Rock left to left side. Recover onto right.  
7&8      Make 1/4 Sailor Step left.

**Section 3: Figure 8 Vine.**

1 - 2      Step right to right side. Cross left behind right.  
3 - 4      Step right 1/4 turn right. Step left forward.  
5 - 6      Pivot 1/2 turn right. Turn 1/4 right Stepping left to left side.  
7 - 8      Cross right behind left. Turn 1/4 left Stepping left forward.

**Tag: wall 4 and 7 Right Rocking Chair and Restart**

**Restart wall 8**

**Section 4: right, Cross Rock chasse, left rock Forward, left back touch.**

1-2      Cross rock right over left, recover weight onto left.  
3&4      Step right to right, step left beside right step right to right.  
5-6      Rock left forward, recover weight to right.  
7-8      step back on left, touch right to left

**Tag & Restart Wall 4 Clock 12**

24      counts than Right Rocking Chair and restart

**Tag & Restart Wall 7 Clock 9**

24      counts than Right Rocking Chair and restart

**Restart Wall 8 clock 12 after figure8 vine**

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