

My Broken Heart

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Gary O'Reilly (IRE) - July 2023
音樂: Broken Heart (feat. Brooke Lee) - Mikele Buck Band



Intro: 16 count

Section 1: WALK, SWEEP, CROSSING SHUFFLE, ¼, ½, STEP, PIVOT ¼ CROSS

1 2 Walk forward on L slightly across R (1), sweep R around from back to front (2)
3 & 4 Cross R over L (3), step L to L side (&), cross R over L (4)
5 6 ¼ R stepping back on L (5), ½ R stepping forward on R (6) (9:00)
7 & 8 Step forward on L (7), pivot ¼ R (&), cross L over R (8) (12:00)

Section 2: SIDE, BEHIND, CHASSE R, CROSS ROCK, CHASSE ¼ L

1 2 Step R to R side (1), cross L behind R dipping slightly into knees (2)
3 & 4 Step R to R side (3), step L next to R (&), step R to R side (4)
5 6 Cross rock L over R (5), recover on R (6)
7 & 8 Step L to L side (7), step R next to L (&), ¼ L stepping forward on L (8) (9:00)

Section 3: WALK, FWD ROCK, BACK, WALK, WALK, SHUFFLE FWD

1 Walk forward on R (1)
2 3 4 Rock forward on L rolling L hip forward anti clockwise (2), recover on R (3), step back on L raising R slightly (4)
5 6 Walk forward R (5), walk forward L (6)
7 & 8 Step forward on R (7), step L next to R (&), step forward on R (8)

Section 4: FWD ROCK, SHUFFLE ½ L, CHASSE ¼, CHASSE ¼

1 2 Rock forward on L (1), recover on R (2)
3 & 4 ¼ L stepping L to L side (3), step R next to L (&), ¼ L stepping forward on L (4) (3:00)
5 & 6 Step R to R side (5), step L next to R (&), ¼ L stepping back on R (6) (12:00)
7 & 8 Step L to L side (7), step R next to L (&), ¼ L stepping forward on L (8) (9:00)

Section 5: SIDE, BEHIND SIDE CROSS, SIDE, BACK ROCK, ¼, ¼

1 Step R to R side (1)
2 & 3 Cross L behind R (2), step R to R side (&), cross L over R (3)
4 Step R to R side (4)
5 6 Rock diagonally back on L behind R (5), recover on R (6)
7 8 ¼ R stepping back on L (7), ¼ R stepping R to R side (8) (3:00)

Section 6: CROSS, SIDE ROCK & CROSS, SIDE, BACK ROCK, SIDE ROCK & CROSS

1 Cross L over R (1)
2 & 3 Rock R to R side (2), recover on L (&), cross R over L (3)
4 Step L to L side (4)
5 6 Rock diagonally back on R popping L knee (5), recover on L (6)
7 & 8 Rock R to R side (7), step L next to R (&), cross R over L (8)

Section 7: DIAGONAL ROCK, BEHIND SIDE CROSS, DIAGONAL ROCK, BEHIND ¼ FWD

1 2 Rock forward on L towards L diagonal (1), recover on R (2)
3 & 4 Cross L behind R (3), step R to R side (&), cross L over R (4)
5 6 Rock forward on R towards R diagonal (5), recover on L (6)
7 & 8 Cross R behind L (7), ¼ L stepping forward on L (&), step forward on R (8) (12:00)

**RESTART (WALL 4)

Section 8: FWD ROCK, COASTER STEP, STEP, PIVOT ½ L, SHUFFLE FWD

- 1 2 Rock forward on L (1), recover on R (2)
- 3 & 4 Step back on L (3), step R next to L (&), step forward on L (4)
- 5 6 Step forward on R (5), pivot ½ L (6)
- 7 & 8 Step forward on R (7), step L next to R (&), step forward on R (8) (6:00) *TAG (WALL 2)

***TAG (WALL 2) at the end of Wall 2 facing (12:00) add the following:**

STEP, PIVOT ½ L, SHUFFLE FWD, STEP, PIVOT ½ L, SHUFFLE FWD

- 1 2 Step forward on L (1), pivot ½ R (2)
- 3 & 4 Step forward on L (3), step R next to L (&), step forward on L (4)
- 5 6 Step forward on R (5), pivot ½ L (6)
- 7 & 8 Step forward on R (7), step L next to R (&), step forward on R (8)

Then restart from the beginning facing (12:00)

****RESTART (WALL 4)**

Dance 56 counts of (Wall 4) & then restart from the beginning facing (6:00)

Ending: Dance up-to 30 counts of Wall 6: finish with a L side Chasse followed by a long step drag R to R side to finish facing (12:00).

Contact:

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