Cheeseburger Paradise

級數: Beginner

編舞者: Becky Hawthorne (USA) - July 2023

音樂: Cheeseburger in Paradise - Jimmy Buffett

Intro: 16 counts. Dance starts on the second syllable of "amend" as vocals begin "Tried to amend my carnivorous habit".

*1 tag, no restarts

拍數: 32

Section 1: TOE STRUTS X 2, BACK MAMBO, HOLD

- 1, 2 Touch ball of RF out to R side, Drop R heel taking weight onto RF
- 3, 4 Touch ball of LF out to L side, Drop L heel taking weight onto LF
- 5, 6 Rock RF back, Recover weight fwd onto LF
- 7, 8 Step RF next to LF, Hold and shift all weight to RF

Optional styling: Bump hip as you step out to side for all toe struts out

Section 2: TOE STRUTS X 2, BACK MAMBO, HOLD

- 1, 2 Touch ball of LF out to L side, Drop L heel taking weight onto LF
- 3, 4 Touch ball of RF out to R side, Drop R heel taking weight onto RF
- 5, 6 Rock LF back, Recover weight fwd onto RF
- 7, 8 Step LF next to RF, Hold and shift all weight to LF

Section 3: 1/8 PIVOT X 2, STEP, FWD, 1/2 PIVOT, FLICK

- 1, 2 Step RF fwd and pivot 1/8 turn to L, Recover weight on LF (10:30)
- 3, 4 Step RF fwd and pivot 1/8 turn to L, Recover weight on LF (9:00)
- 5, 6 Step RF next to LF, Step LF forward and pivot 1/2 turn to R (3:00)
- 7, 8 Transfer weight to RF, Flick LF straight back

Optional styling: Roll hips CCW on the 1/8 pivots.

Section 4: WALK, HOLD, WALK, HOLD, FORWARD MAMBO, HOLD

- 1, 2 Step LF forward, Hold
- 3, 4 Step RF forward, Hold
- 5, 6 Rock LF forward, Recover weight back onto RF
- 7, 8 Step LF next to RF, Hold and shift all weight to LF

TAG AT THE END OF WALL 3 (8 counts): TOE STRUTS OUT, OUT, IN, IN

- 1, 2 Touch ball of RF out to R side, Drop R heel taking weight onto RF
- 3, 4 Touch ball of LF out to L side, Drop L heel taking weight onto LF
- 5, 6 Touch ball of RF in to center, Drop R heel taking weight onto RF
- 7, 8 Touch ball of LF next to RF, Drop L heel taking weight onto LF

Suggested ending: Wall 11 is the last complete wall of dance and ends facing 9:00.

As music fades, dance Section 1 and counts 1-6 of Section 2. Step LF forward, pivot 1/4 turn right to 12:00 and hold.

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牆數:4