

Two Left Feet

拍數: 32 牆數: 4 級數: Improver
編舞者: Diana Oglesby (USA) - July 2023
音樂: Country Dance - Aaron Goodvin



Intro: 16 Counts, start with weight on L

****2 Restarts (see instructions, below)**

S1 (1-8) R-L HEEL SWITCHES, TOUCH R HEEL TWICE, L-R HEEL SWITCHES, TOUCH L HEEL TWICE

1&2&3-4& Touch R heel forward (1), step R foot down (&), touch L heel forward (2), step L foot down (&) touch R heel forward (3), touch R heel forward (4), step R together (&)

5&6&7-8 Touch L heel forward (5), step L foot down (&), touch R heel forward (6), step R down (&), touch L heel forward (7), touch L heel forward (8)

S2 (9-16) ROCK L BACK, RECOVER, L FWD SHUFFLE, R FWD, TURN ¼ L, R BEHIND, L SIDE, R OVER

1-2-3&4 Rock L back (1), recover to R (2), step L forward (3), step R together (&), step L forward (4)

5-6-7&8 Step R forward (5), turn ¼ L and step L side (6), cross R behind (7), step L side (&), cross R over (8) (9:00)

S3 (17-24) L-R TOE-HEEL STOMPS, TOUCH L HEEL, CROSS L TOE OVER, L FWD SHUFFLE

1&2-3&4 Touch L toe together (1), touch L heel together (&), stomp L together (2), touch R toe together (3), touch R heel together (&), stomp R together (4)

****Restart here on wall 9. On the R toe-heel stomp, keep your weight to the L**

5-6-7&8 Touch L heel diagonally forward (5), cross L toe over (6), step L forward (7), step R together (&), step L forward (8)

S4 (25-32) R ROCKING CHAIR, R FWD, ½ TURN L, WALK, WALK R-L

1-4 Rock R forward (1), recover to L (2), rock R back (3), recover to L (4)

***Restart here on wall 4**

5-8 Step R forward (5), turn ½ L and step L forward (6) step R forward (7), step L forward (8) (3:00)

REPEAT

Restart #1 on wall 4 (facing 6:00); restart #2 on wall 9 (facing 3:00)

The dance ends 12 counts into wall 12 and you will be facing 9:00. To end the dance facing the beginning wall, please do the following –Dance S1 as written. In S2, step back L and turn ¼ R, step R together, step L forward

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