

# Telling On My Heart

COPPERKNOB  
STEPSHEETS

拍數: 32      牆數: 2      級數: Intermediate  
編舞者: Ria Vos (NL) - July 2023  
音樂: Telling on My Heart - Casey Donahew



## Intro: 24 Counts

### Fwd, Step Pivot ½ Turn R, Fwd, 1 ¼ L, Sway R-L, Scissor Cross, Side, 1/8 R Back

1-2&      Step Fwd on R, Step Fwd on L, Pivot ½ Turn R (6:00)  
3-4&      Step Fwd on L, ½ Turn L Step Back on R, ½ Turn L Step Fwd on L  
5-6      ¼ Turn L Step and Sway R to R Side, Sway L (3:00)  
7&8      Step R to R Side, Step L Next to R, Cross R Over L  
&1      Step L to L Side, 1/8 Turn R Step Back on R (4:30)

### Back, Touch, Step Sweep 1/8 R, Weave R, Back w/Sweep, Behind, ¼ R, Step Pivot Full Turn R, Back w/Sweep

2&      Step Back on L, Touch R Toe Across L \*\*\*Restart Point  
3-4&      Step Fwd on R Sweeping L 1/8 Turn R, Cross L Over R, Step R to R Side (6:00)  
5-6      Step L Behind R Sweeping R, Step Back on R Sweeping L  
7&      Step L Behind R, ¼ Turn R Step Fwd on R (9:00)  
8&1      Step Fwd on L, Pivot ½ Turn R, ½ Turn R Step Back on L Sweeping R (9:00)

### R Back Lock Step, L Back Lock Step, Rock Back, ½ L, ¼ L, Cross

2&3      Step Back on R, Lock L Over R, Step Back on R Sweeping L  
4&5      Step Back on L, Lock R Over L, Step Back on L Sweeping R  
6-7      Rock Back on R (Prep by Turning Body R), Recover on L  
&8&      ½ Turn L Step Back on R, ¼ Turn L Step L to L Side, Cross R Over L (12:00)

### Option &8&: Turning 1 ¼ Turn L

### Basic L, Side, Behind-Side-Cross w/Sweep, Cross, Touch, Back w/Sweep, Sailor ½ R

1-2&      Step L to L Side, Step R Behind L, Cross L Over R  
3      Step R to R Side  
4&5      Step L Behind R, Step R to R Side, Cross L Over R Sweeping L Back to Front  
6&7      Cross R Over L, Touch L Behind R, Step Back on L Sweeping R Front to Back  
8&      Cross R Behind L ¼ Turn R, ¼ Turn R Step L Next to R (6:00)

Restart: On Wall 5 After Count 10& Squaring Up to 6:00 to Start from Count 1