

Mambo No. 5 Jive (A Little Bit Of...)

COPPER **KNOB**
STEP SHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Anna (INA) - July 2023
音樂: Mambo No. 5 (a Little Bit of...) - Lou Bega



Starting Dance - Intro music on vocal 32 counts.

Restart On Wall 9 (after 16 counts) facing on 06:00 O'clock.
Restart On Wall 14 (after 24 counts) facing on 12:00 O'clock.

I. BACK CROSS - SIDE SHUFFLE - ½ TURN SIDE SUFFLE - ROCK BACK

1 - 2 Cross R behind left - Step L in place
3 & 4 Side Shuffle on (RLR)
5 & 6 ½ Turn right Side Shuffle on (LRL) facing on 06:00
7 - 8 Rock back on R - Recover on L

II. TOUCH - POINT - SAILOR STEP

1 - 2 Touch R toe right forward - Point R toe to right side
-> for professional dancers, you can do : Kick R forward (1) - Kick R side to right side (2)
3 & 4 Cross R behind left - Step L together - Step R to right side
5 - 6 Touch L toe left forward - Point L toe to left side
-> for professional dancers, you can do : Kick R forward (5) - Kick R side to right side (6)
7 & 8 Cross L behind right - Step R together - Step L to left side

III. SWIVEL WALK FWD - TOUCH AND HOLD (X2)

1 - 2 - 3 - 4 Swivel walk forward on (RLRL)
5 - 6 & Touch R toe right forward - Hold - Step R together
7 - 8 & Touch L toe left forward - Hold - Step L together

IV. ROCKING CHAIR - ¼ TURN JAZZ BOX

1 - 2 - 3 - 4 Step R forward - Recover on L - Step R back - Recover on L
5 - 6 - 7 - 8 Cross R over left - ¼ Turn right Stepping backward on L (facing on 09:00) - Step R side to right side - Step L forward

Enjoy your dance ♥☐

Thank you very much to all my friends, who always support my choreo ♥☐

For more information about Step Sheets and Song, please contact :
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