My Own Drinks

拍數: 40

級數: Beginner / Improver

編舞者: Susan Reynolds (USA) - July 2023

音樂: Buy My Own Drinks - Runaway June

The music requires one restart and one tag.

Intro: "Hmm, yeah, then 2 8 counts. Start with word "Since"

4 TOE STRUTS, SCISSORS

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- 2& Walk L forward placing toe down first, then heel down
- 3& Walk R forward placing toe down first, then heel down
- 4& Walk L forward placing toe down first, then heel down
- 5&6& Rock to R side, Recover on the L, Cross R in front, hold
- 7&8& Rock to L side, Recover on the R, Cross L in front, hold

SIDE ROCK KICK, KICK, COASTER - RIGHT

- 1-2 Rock R to side, Recover on L,
- 3-4 R Kick, Kick
- 5-8 Step R back, Step L back beside R, Step R forward, hold

SIDE ROCK KICK, KICK, COASTER - LEFT

- 1-2 Rock L to side, Recover on R,
- 3-4 L kick, kick
- 5 8Step L back. Step R back beside L. Step L forward, hold
- *On Wall 3 : RESTART here at 6:00 after 24 counts.

STEP TOUCH, STEP TOUCH, STEP TOGETHER STEP TOUCH R & L

- 1&2& Step R to side, Touch L beside R, Step L to side, Touch R beside L
- 3&4& Step R to side, Step L beside R, Step R to side, Touch L beside R
- 5&6& Step L to side, Touch R beside L, Step R to side, Touch L beside R
- Step L to side, Step R beside L, Step L to side, Touch R beside L 7&8&

SHUFFLE FORWARD, SHUFFLE ¼ LEFT, JAZZ BOX

- 1&2 Step R forward, Step L together beside R, Step R forward
- 3&4 Step L ¼ to L, Step R together beside L, Step L to side
- 5-8 Cross step R over L, Step L back, Step R back, Step L next to R

The Tag occurs on Wall 9, facing 9:00 before the dance begins there. It will be the first time the dance begins at 9:00. It's on the word "Boyfriend"

Tag: Rock, Recover

Rock forward on R, Recover on L 1-2

It sounds complicated, but the music is very distinctive and it's easy to hear when to restart and when to do the tag.

Contact: shreynolds203@gmail.com See my other dance videos at: https://www.youtube.com/channel/UC9fZ7RsPWtHkL9IJkd1CPkA/videos





牆數: 4