

# Long Way Home

拍數: 48      牆數: 4      級數: Intermediate  
編舞者: Gudrun Schneider (DE) - July 2023  
音樂: Long Way Home - Walk Off the Earth & Lindsey Stirling



The dance starts with Intro (S5 + S6) after 16 counts with lyric.

Sequence: Intro 16, 48, 32, 32, 48, 32, 48

## S1: CROSS SAMBA R+L, CROSS ¼ TURN R, CHASSÉ R

1&2      RF cross over LF, step LF left, recover on RF  
3&4      LF cross over RF, step LR right, recover on LF  
5-6      RF cross over LF, ¼ turn right – LF step back (3:00)  
7&8      RF step right, LF step beside RF, RF step right

## S2: CROSS, SIDE R, BEHIND & HEEL, & CROSS SIDE L, SAILOR STEP WITH ¼ TURN R

1-2      LF cross over RF, RF step right  
3&4      LF step behind RF, RF step beside LF, LF heel diagonally forward  
&5-6      LF step beside RF, RF cross over LF, LF step left  
7&8      ¼ turn right – RF step behind LF, LF step beside RF, RF step forward (6:00)

## S3: STEP-LOCK, STEP-LOCK-STEP, POINT R, ¼ TURN R, SIDE ROCK & CROSS

1-2      LF step forward, RF cross behind LF  
3&4      LF step forward, RF cross behind LF, LF step forward  
5-6      RF point right, ¼ Turn right, RF step beside LF (9:00)  
7&8      LF step left, recover on RF, LF cross over RF

## S4: ¼ TURN L 2x, CROSS SHUFFLE, SIDE ROCK L, COASTER STEP

1-2      ¼ turn left – RF step back (6:00), ¼ turn left – LF step left (3:00)  
3&4      RF cross over LF, LF step left, RF cross over LF  
5-6      LF step left, recover on RF  
7&8      LF step back, RF step beside LF, LF step forward

RESTART wall 2, 3, 5

## S5: WALK R+L, SHUFFLE FWD, ROCK STEP, CHASSÉ WITH ¼ TURN L

1-2      RF step forward, LF step forward  
3&4      RF step forward, LF step beside RF, RF step forward  
5-6      LF step forward, recover on RF  
7&8      ¼ turn left – LF step left, RF step beside LF, LF step left (12:00)

## S6: JAZZBOX, STEP ½ TURN L, STEP ¼ TURN L

1-2      RF cross over LF, LF step back  
3-4      RF step beside LF, LF step forward  
5-6      RF step forward, ½ turn left (6:00)  
7-8      RF step forward, ¼ turn left (3:00)

Have Fun!

Contact: [gudrun@gudrun-schneider.com](mailto:gudrun@gudrun-schneider.com),

Music-Links:

Amazon DE:

[https://amazon.de/music/player/albums/B0C7HKS3TK?marketplaceId=A1PA6795UKMFR9&musicTerritory=DE&ref=dm\\_sh\\_yTDcvU9G9pYmwrvNftvLBMsXb&trackAsin=B0C7HLZQDD](https://amazon.de/music/player/albums/B0C7HKS3TK?marketplaceId=A1PA6795UKMFR9&musicTerritory=DE&ref=dm_sh_yTDcvU9G9pYmwrvNftvLBMsXb&trackAsin=B0C7HLZQDD)

Apple Music DE:

<https://music.apple.com/de/album/long-way-home/1691746519?i=1691746530>

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