Down in Mexico

拍數: 64

級數: Improver

編舞者: Roger Neff (USA) - July 2023

音樂: Down In Mexico - Jerrod Niemann

Intro: 16 counts

[1-8] STEP TO R, CLOSE L, SHUFFLE FWD. ROCK FWD, RECOVER, TRIPLE STEP WITH ½ L TURN

- 1-2, 3&4 Step to R, Close LF, Shuffle forward RLR
- 5-6,7&8 Rock forward on LF, Recover on RF, Triple step with 1/2 L turn LRL (6:00)

[9-16] STEP R OVER L, STEP TO L, SAILOR STEP, STEP L OVER R, STEP TO R, SAILOR STEP WITH 1/4 TURN

- 1-2, 3&4 Step R over L, Step to L, Sailor step
- 5-6,7&8 Step L over R, Step to R, Sailor step with 1/4 L turn (3:00)

RESTART HERE ON WALL 3 WITH STEP CHANGE IN SECTION 2. SEE BELOW.

117-241 CROSS ROCK R OVER L. RECOVER. SIDE SHUFFLE. STEP L OVER R.STEP TO R. BEHIND-SIDE-CROSS

- Cross rock R over L, Recover on LF, Shuffle to side RLR 1-2, 3&4
- Step L over R, Step to R, Step L behind R, Step to R, Cross L over R 5-6,7&8

[25-32] STEP TO R, ¼ L TURN WITH L HITCH, SHUFFLE BACK LRL, STEP BACK, HOOK, SHUFFLE FWD LRL

- 1-2, 3&4 Step to R, Pivot ¼ to L while still on RF, Low hitch with LF, Shuffle back LRL
- 5-6, 7&8 Step back on RF, Hook LF, Shuffle forward LRL

[33-40] PROGRESSIVE BOX STEPS FORWARD WITH SHUFFLES

- 1-2, 3&4 Step to R, Close LF, Shuffle forward RLR
- 5-6, 7&8 Step to L, Close RF, Shuffle forward LRL

[41-48] STEP FWD ON R, STEP L OVER R, SHUFFLE TO R, CROSS ROCK, RECOVER, SHUFFLE TO L

1-2, 3&4 Step forward on RF, Step L over R, Shuffle to R

5-6, 7&8 Cross Rock L over R, Recover, Side shuffle LRL

[49-56] STEP R OVER L, STEP TO L, MAKE ½ R TURN INTO SIDE SHUFFLE TO R, CROSS-POINT, **CROSS-POINT**

- 1-2, 3&4 Step R over L, Step to L, Make 1/2 R turn and side shuffle RLR to R (6:00)
- 5-6-7-8 Cross L over R, Point R toe to side, Cross R over L, Point L toe to side

[57-64] STEP FWD ON LF, TAP R TOE BEHIND LF, SHUFFLE BACK. WALK BACK L, R, COASTER

- CROSS
- 1-2, 3&4 Step forward on LF, Tap R toe behind LF, Shuffle back RLR
- 5-6, 7&8 Walk back L, R, Step on LF, Close RF, Step L over R

STEP CHANGE ON WALL 3:

Dance the 8 counts of Section 1 as written above.

In Section 2 make the following change:

- Step R over L, Step to L, Sailor step 1-2, 3&4
- Step L over R, Step to R, Sailor step with 1/2 L turn. You should be facing 12:00 to restart the 5-6,7&8 dance.

Contact Roger at: lingofun@sbcglobal.net





牆數:2