

Get Ready For It

拍數: 32 牆數: 4 級數: Easy Intermediate - Novelty
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音樂: Ready For It - Manwell & J.Pollock : (iTunes etc)



Intro: 16 counts from first clear beat, approx. 8 seconds.

Note! Restarts after section 2 on wall 2 & 6 facing 6:00 and wall 4 facing 12:00.

Sect - 1: Point Switches. Heel Switches. Stomp Fwd. Hold. Ball. Step. Touch.

- 1 & 2 & Point to R with RF (1). Ball step RF next to LF (&). Point to L with LF (2). Ball step LF next to RF (&).
- 3 & 4 & Touch R heel forward (3). Ball step RF next to LF (&). Touch L heel forward (4). Ball step LF next to RF (&).
- 5 – 6 & Stomp forward on RF (5). Hold (6). Ball step LF next to RF (&).
- 7 – 8 Step forward on RF (7). Touch LF slightly behind RF (8).

Sect - 2: Diagonal Back L. Touch. Diagonal Back R. Touch. 1 ¼ Rolling Vine L into Shuffle.

- 1 – 2 Step diagonally back to L on LF (1). Touch RF next to LF (2).
- 3 – 4 Step diagonally back to R on RF (3). Touch LF next to RF (4).
- 5 – 6 Turn ¼ L stepping forward on LF (5). Turn ½ L stepping back on RF (6). {3:00}
- 7 & 8 Turn ¼ L stepping to L on LF (7). {12:00}

Close RF next to LF (&). Turn ¼ L stepping forward on LF (8). {9:00}

Note! Restarts occur here on wall 2 & 6 facing 6:00 and wall 4 facing 12:00.

Sect - 3: Stomp Fwd. Hold. 2X Bounce Heels 1/8 L. Side. Cross. L Chasse.

- 1 – 2 Stomp forward on RF (1). Hold (2).
- & 3 & 4 Lift both heels (&). Turn 1/8 L lowering heels (3). Lift both heels (&). {7:30} Turn 1/8 L lowering heels, weight on RF (4). {6:00}
- 5 – 6 Step to L on LF (5). Cross RF over LF (6).
- 7 & 8 Step to L on LF (7). Close RF next to LF (&). Step to L on LF (8).

Sect - 4: Point Cross. Point Side. Dip. Hitch Across. Point Side. ¼ L. Step ½ Turn L.

- 1 – 2 Point RF across LF (1). Point to R with RF (2).
- 3 – 4 Bend knees, placing weight on RF (3). Hitch L knee across RF (4).
- 5 – 6 Point to L with LF (5). Turn ¼ L stepping down on LF (6). {3:00}
- 7 – 8 Step forward on RF (7). Turn ½ L placing weight on LF (8). {9:00}

Ending: Turn ¼ L stepping to R on RF.

Have fun!