

Favorite Kind of High

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Barbara R. K. Wallace (CAN) - July 2023
音樂: favorite kind of high - Kelly Clarkson



Intro: 16 counts
One 4 count tag after wall 3

WALK RIGHT, LEFT, HOLD, BALL STEP, TWIST RIGHT, TWIST LEFT, ROCK FORWARD RIGHT, RECOVER

1,2 Walk forward right, walk forward left
3&4 Hold (3), Step together on right (&) Step forward left (4)
5,6 Twist both heels left (to face 3:00), twist both heels right (to face 12:00) (wt. L)
7,8 Rock forward right, recover left (12:00)

SHUFFLE BACK RIGHT, SHUFFLE BACK LEFT, ¼ RIGHT AND SIDE SHUFFLE, CROSS ROCK RECOVER

1&2 Shuffle back right, left, right
3&4 Shuffle back left, right, left
5&6 ¼ turn left as you side shuffle right, left, right (3:00)
7,8 Cross rock left over right, recover right

(For a challenge on counts 1-4: Triple ½ turn right, Triple ½ turn right)

SIDE LEFT, HOLD, BEHIND SIDE CROSS, SIDE LEFT, HOLD, BEHIND SIDE CROSS

1,2 Step side left, hold
3&4 Cross right behind left, step side left, cross right over left
5,6 Step side left, hold
7&8 Cross right behind left, step side left, cross right over left

ROCK SIDE LEFT, RECOVER, CROSS LEFT OVER RIGHT, ¼ LEFT, ¼ LEFT, TOUCH RIGHT BESIDE LEFT, RIGHT KICK BALL CHANGE

1-3 Rock side left, recover right, cross left over right
4-6 Step back right making ¼ turn left, step side left making ¼ turn left, touch right beside left (9:00)
7&8 Kick right forward, step right beside left, step forward left

Four count tag danced here after third sequence at 3:00 wall.
Right Train: rock forward right, recover left, rock back right, recover left

Ending: Dance ends facing 6:00. Step forward right and pivot ½ left to face the front!
Ta Da!!

Choreographed for "Let's Get Our Dance On...Locally Grown Fundraiser" for the Oshawa Senior Community Centres