

# Favorite Kind of High

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Barbara R. K. Wallace (CAN) - July 2023  
音樂: favorite kind of high - Kelly Clarkson



Intro: 16 counts  
One 4 count tag after wall 3

## WALK RIGHT, LEFT, HOLD, BALL STEP, TWIST RIGHT, TWIST LEFT, ROCK FORWARD RIGHT, RECOVER

1,2            Walk forward right, walk forward left  
3&4           Hold (3), Step together on right (&) Step forward left (4)  
5,6            Twist both heels left (to face 3:00), twist both heels right (to face 12:00) (wt. L)  
7,8            Rock forward right, recover left (12:00)

## SHUFFLE BACK RIGHT, SHUFFLE BACK LEFT, ¼ RIGHT AND SIDE SHUFFLE, CROSS ROCK RECOVER

1&2            Shuffle back right, left, right  
3&4            Shuffle back left, right, left  
5&6            ¼ turn left as you side shuffle right, left, right (3:00)  
7,8            Cross rock left over right, recover right

(For a challenge on counts 1-4: Triple ½ turn right, Triple ½ turn right)

## SIDE LEFT, HOLD, BEHIND SIDE CROSS, SIDE LEFT, HOLD, BEHIND SIDE CROSS

1,2            Step side left, hold  
3&4            Cross right behind left, step side left, cross right over left  
5,6            Step side left, hold  
7&8            Cross right behind left, step side left, cross right over left

## ROCK SIDE LEFT, RECOVER, CROSS LEFT OVER RIGHT, ¼ LEFT, ¼ LEFT, TOUCH RIGHT BESIDE LEFT, RIGHT KICK BALL CHANGE

1-3            Rock side left, recover right, cross left over right  
4-6            Step back right making ¼ turn left, step side left making ¼ turn left, touch right beside left (9:00)  
7&8            Kick right forward, step right beside left, step forward left

Four count tag danced here after third sequence at 3:00 wall.  
Right Train: rock forward right, recover left, rock back right, recover left

Ending: Dance ends facing 6:00. Step forward right and pivot ½ left to face the front!  
Ta Da!!

Choreographed for "Let's Get Our Dance On...Locally Grown Fundraiser" for the Oshawa Senior Community Centres