Speak to Me Jukebox (P)



拍數: 64 牆數: 0 級數: Improver - Partner

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音樂: Speak to Me Jukebox - Randy Rogers & Wade Bowen

Intro: 8 counts. The partners start on step R in Sweetheart position facing LOD.

Restart: At the 6th repetition of the dance, after the first 32 counts, restart from the beginning.

[1-8] M: STEP BACK, CROSS POINT, SHUFFLE FWD, SHUFFLE FWD, SHUFFLE FWD

[1-8] L : STEP BACK, CROSS POINT, SHUFFLE FWD, SHUFFLE in 1/2 TURN L, SHUFFLE BACK

1-2 M&L: Step R back, cross point L over R

3&4 M&L : Shuffle forward with LRL5&6 M : Shuffle forward with RLR

L: Shuffle in 1/2 turn to left with RLR (RLOD)

*** On count 5, the man with his R hand raises the lady's R hand over her head.

On count 6, you are now face to face, R shoulder to R shoulder in Double Hands Cross

position.

7&8 M : Shuffle forward with LRL

L: Shuffle back with LRL

[9-16] M : STEP FWD, CROSS POINT, SHUFFLE BACK, ROCK BACK, RECOVER, SHUFFLE FWD [9-16] L : STEP BACK, CROSS POINT, SHUFFLE FWD, ROCK STEP, RECOVER, SHUFFLE in 1/2 TURN R

1-2 M : Step R forward, cross point L behind R

L: Step R back, cross point L over R

3&4 M : Shuffle back with LRL

L: Shuffle forward with LRL

5-6 M: Rock back R, recover on L

L: Rock step R forward, recover on L

7&8 M : Shuffle forward with RLR

L: Shuffle in 1/2 turn right with RLR (LOD)

*** On count 7, raise both R hands over the lady's head.

***You are now back in Sweetheart position.

[17-24] M: 2X (WALK FWD), SHUFFLE FWD, ROCK BACK, RECOVER, SHUFFLE FWD [17-24] L: 1/2 TURN R, STEP BACK, SHUFFLE BACK, ROCK BACK, RECOVER, SHUFFLE FWD

1-2 M: Walk forward with LR

L: 1/2 turn to right and step L back, step R back (RLOD)

*** You are now R shoulder to R shoulder in Double Hands Cross position.

3&4 M : Shuffle forward with LRL

L : Shuffle back with LRL

5-6 M&L : Rock back R, recover on L

*** On count 6, let go the hands.

7&8 M&L : Shuffle forward with RLR (pass your partner)

[25-32] M: CROSS, 1/4 TURN L, STEP SIDE, STEP FWD, STEP FWD, 1/4 TURN R, SHUFFLE FWD [25-32] L: CROSS, 1/4 TURN L, STEP SIDE, STEP FWD, STEP FWD, 1/4 TURN L, SHUFFLE FWD

1-2 M&L: Cross step L over R, 1/4 turn to left and step R back (ILOD)

3-4 M&L : Step L to left side, step R forward

*** On count 4, take back both R hands

5-6 M : Step L forward, 1/4 turn to right and step R forward (LOD)

L: Step L forward, 1/4 turn to left and step R forward (LOD)

*** On count 6, take back both L hands to resume the Sweetheart position.

7&8 M&L : Shuffle forward with LRL

Restart: At the 6th repetition of the dance, after the first 32 counts, restart the dance from the beginning.

33-40 M&L: 2X (WALK FWD), HEEL-TOGETHER-STEP, ROCK STEP, RECOVER, SHUFFLE in

1/2TURN R

1-2 M&L : Walk forward with RL

3&4 M&L: Heel R forward, step R together L, step L forward

5-6 M&L: Rock step R forward, recover on L

7&8 M&L : Shuffle in 1/2 turn to right with RLR (RLOD)

[41-48] M: ROCK STEP, RECOVER, SHUFFLE BACK, ROCK BACK, RECOVER, SHUFFLE FWD [41-48] L: STEP, PIVOT 1/2 TURN R, SHUFFLE FWD, STEP, PIVOT 1/2 TURN L, SHUFFLE FWD

1-2 M : Rock step L forward, recover on R

L : Step L forward, pivot 1/2 turn to right (LOD)

*** On count 1, raise both L hands over the lady's head.

*** You are now in Double Hands Cross position.

3&4 M : Shufle back with LRL

L: Shuffle forward with LRL

5-6 M: Rock step R back, recover on L

L : Step R forward, pivot 1/2 turn to left (RLOD)

*** On count 5, raise both L hands over the lady's head.

*** You are now in Reverse Sweetheart position.

7&8 M&L : Shuffle forward with RLR

[49-56] M&L: ROCK STEP, RECOVER, 1/4 TURN L and CHASSÉ to L, CROSS, HOLD, 2X (SIDE-CROSS)

1-2 M&L: Rock step L forward, recover on R

3&4 M&L: 1/4 turn to left and chassé to left with LRL (OLOD)

*** On count 3, you are now in Indian position man behind the lady.

5-6 M&L: Cross step R over L, hold

&7&8 M&L : Step L to left side, cross step R over L, step L to left side, cross step R over L

[57-64] M&L: ROCK SIDE, RECOVER, SAILOR STEP in 1/4 TURN L, STEP FWD, TOUCH, SHUFFLE

BACK

1-2 M&L: Rock side L to left side, recover on R

3&4 M&L : Cross step L behind R, 1/4 turn to left and step R on place, step L forward (LOD)

*** You are now in Sweetheart position.

5-6 M&L : Step R forward, point L together R

7&8 M&L : Shuffle back with LRL

Restart from the beginning!

ENJOY AND HAVE FUN!

CLAUDE & GERMAINE, NANCY & GUY