

Lightning

COPPER **NOB**
STEPSHEETS

拍數: 48 牆數: 2 級數: Beginner
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音樂: Lightning - Olivia Lane



SEC 1: 2x STEP FORWARD, FORWARD SHUFFLE, ROCK STEP FORWARD, LEFT COASTER STEP

1-2 Step right forward, step left forward
3&4 Shuffle forward right-left-right
5-6 Rock left foot forward, recover onto right foot
7&8 Step left back, right together, step left forward

SEC 2: ½ LEFT PIVOT TURN, SIDE SHUFFLE, ROCK STEP BACK, SIDE SHUFFLE

1-2 Step right forward, turn ½ left
3&4 Side shuffle right-left-right
5-6 Rock left foot back, recover onto right foot
7&8 Side shuffle left-right-left

SEC 3: 2x KICK BALL CROSS, RIGHT SIDE ROCK, BEHIND-SIDE-CROSS

1&2 Kick right foot forward, step right foot next to the left foot, cross left foot in front of right foot
3&4 Kick right foot forward, step right foot next to the left foot, cross left foot in front of right foot
5-6 Rock right to the right side, recover weight onto left
&7-8 Step right behind left, step left to the side, step right across in front of left

SEC 4: LEFT SIDE ROCK, SAILORS TURN ½ LEFT, 2x TURNED SHUFFLE

1&2 Rock left to the left side
3&4 Cross left behind, turn ½ left and step right side, step left side
5&6 Turn ¼ left and step right to right side, step left next to right, step right to the right side
7&8 Turn ¼ left and step left to left side, step right next to left, step left to left side

SEC 5: RIGHT KICK BALL POINT, LEFT KICK BALL POINT, TOUCH, MODIFIED HALF MONTERAY TURN RIGHT

1&2 Kick right forward, step right beside left, point left to left side
3&4 Kick left forward, step left beside right, point right to right side
5-6 Touch right beside left, point right to right side
7-8 ½ turn right on ball of left stepping right beside left, point left to left side

SEC 6 FORWARD SHUFFLE, FORWARD SHUFFLE, ROCK STEP FORWARD, ½ TURN LEFT, STOMP UP

1&2 Shuffle forward left-right-left
3&4 Shuffle forward right-left-right
5-6 Rock left forward, ½ turn left
7-8 Step left, stomp up right

TAG

1-4 Step right across in front of left, ½ turn left with 3 bounces

BRIDGE ON WALL 5

At 5th wall, after 32 counts, TAG, RESTART