

# Let's Go Girls 2023

COPPERKNOB  
STEPSHEETS

拍數: 40      牆數: 2      級數: Improver  
編舞者: Ria Joyful (INA) & Emilia Lie (INA) - July 2023  
音樂: Man! I Feel Like a Woman! - Shania Twain



## [1-8]. STEP R BACK, BALL CHANGE, R SHUFFLE, PIVOT, STEP, HIP BUMP

1,2,3&4 : Step R back while L heel fwd(1), step L back next to R (2), Shuffle fwd RLR (or lock step)(3)&(4)  
5-8 Step L fwd (5), Pivot ½ turn right R in place(6), step L fwd (7), touch R next to L with Hip Bump (8)

## [9-16]. VINE RIGHT PIVOT HEEL HOOK

1-2 Step R to right (1), cross L behind R (2)  
3-4 ¼ turn right step R(3), step fwd L (4)  
5-6 Pivot ½ turn right R in place (5), step fwd L (6)  
7-8 Step diagonal heel R fwd (7), Hook R (8)

## [17-24].SIDE ROCK TRIPLE STEP 2X

1-2 Step R to right (1), recover L (2)  
3&4 Triple Step RLR in place(3&4)  
5-6 Step L to left (5), recover R (6)  
7&8 Triple Step LRL in place(7&8)

## [25-32].KICK (X2) BEHIND SIDE CROSS KICK (X2)SAILOR STEP

1- 2 Kick R fwd (1), Kick R diagonal fwd (2)  
3&4 Cross R behind L (3), step L side to left (&) Cross R over L(4)  
5- 6 Kick L fwd (5), Kick L diagonal fwd (6)  
7& 8 Cross L behind R (7) ¼ turn left step R to right(&), step L fwd(8)facing 6.00

## [33-40]. ROCK FWD RECOVER ½ TURN RIGHT R SHUFFLE SWAY

1- 2 Rock R fwd (1), recover on L (2),  
3 & 4 turn ¼ right step R to right (3), close L next to R (&), ¼ turn right step R fwd (4)  
5-6 Sway L (5),Sway R (6)

**Tag Restart happens here after 38 counts**

**(only on Wall 4 there is step change on count 38 (R touch instead of sway R)**

7- 8 Sway L (7),R touch next to L(8)

**Tag (12 counts)on Wall 4 after 38 counts**

### I. MONTEREY ½ TURN (2X)

1-2 Point R to right side (1), ½ turn right stepping R next to L (2)  
3-4 Point L to left (3) stepping L next to R (4)  
5-6 Point R to right side (5), ½ turn right stepping R next to L (6)  
7-8 Point L to left (7), stepping L next to R (8)

### II. SWAY

1-2 Sway R (1), L (2)  
3-4 Sway R (3), L (4) weight on L, then Restart

**On Wall 7 and Wall 10 there is optional free style from count 29 – 36 (8 counts only) :**

**Count 29-32 hold 4 counts with weight on L (bending L knee)**

**Count 33-36 turn ½ right pivot, hold 4counts with weight still on L**

**continue last count 37-40 with Sway RLRL.**

**(or if you don't want to do free style, you can dance normally follow the SS)**

Enjoy the dance, God bless you all.

Best and warm regards always from Ria Joyful and Emilia Lie .

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