

Wasted on You

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Anna den Otter (NZ) - June 2023
音樂: Wasted On You - Kaylee Bell



Intro 16 counts, 2 restarts,

Begin facing 12:00 with weight on Left and Right touched beside Left.

Section1: WALK, WALK, STEP, LOCK, STEP, ROCK, RECOVER, SAILOR STEP WITH HEEL DIG.

1 - 2 Step R forward, Step L forward , (12:00)
3 & 4 Step R forward, Lock L behind R, Step R forward,
5 - 6 Step L forward, Recover back on R,
7 & 8 Step L behind R, Step R to R side, Dig L heel slightly on the L diagonal forward.

Section2: TOGETHER, CROSS, 1/4 BACK, 1/2 SHUFFLE, ROCK FORWARD, RECOVER, TOGETHER, ROCK BACK, RECOVER.

& 1 - 2 Step L next to R, Step R across left, Turn ¼ R Stepping back on L (3:00)
3 & 4 Turn ¼ R stepping R to R side (6:00), Step L together, Turn ¼ R stepping R forward, (9:00)
5 - 6 Step L forward, Recover back on R,
& 7 - 8 Step L next to R, Step R back, Recover on L.

Section3: 1/2 PIVOT, 1/2 SHUFFLE, BACK, BACK, BEHIND, SIDE, CROSS.

1 - 2 Step forward on R, Turn ½ L (weight on L) (3:00)
3 & 4 Turn ¼ L stepping R to R side (12:00), Step L together, Turn ¼ L stepping R back, (9:00)
5 - 6 Step L back, Step R back,
7 & 8 Step L behind R, Step R to R side, Step L across R.

Section4: SIDE, TOUCH, KICK-BALL CROSS, 1/4, 1/4, SHUFFLE FORWARD.

1 - 2 Step R to R side, Touch L beside R,
3 & 4 Kick L forward, step L beside R on ball of L, Step R across L,
5 - 6 Turn ¼ R stepping back on L (12:00), Turn ¼ R stepping R to side (3:00)
7 & 8 Step L forward, Step R next to L, Step L forward.

Section5: DOROTHY, DOROTHY, 1/2 PIVOT, SHUFFLE.

1 - 2 & Step R to R diagonal, Lock L behind R, Step R to R diagonal (&)
3 - 4 & Step L to L diagonal, Lock R behind L, Step L to L diagonal (&)
5 - 6 Step forward on R, Turn ½ L (weight on L) (9:00)
7 & 8 Step R forward, Step L next to R, Step R forward.

Section6: DOROTHY, DOROTHY, 1/2 PIVOT, SHUFFLE.

1 - 2 & Step L to L diagonal, Lock R behind L, Step L to L diagonal (&)
3 - 4 & Step R to R diagonal, Lock L behind R, Step R to R diagonal (&)
5 - 6 Step forward on L, Turn ½ R (weight on R) (3:00)
7 & 8 Step L forward, Step R next to L, Step L forward.

Restart 1; Wall 3 after 32 counts (9:00)

Restart 2; Wall 5 after 32 counts (3:00)

Ending; Wall 7 after 16 counts , Step forward on R and pivot ¼ L.

Have fun.

Anna den Otter
denotterfarms@gmail.com

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