

Last Night AB EZPZ

COPPER KNOB
STEPSHETS

拍數: 32
編舞者: Mitzi Day (USA) - June 2023
音樂: Last Night - Morgan Wallen

牆數: 2

級數: Absolute Beginner



Dance starts on lyrics. one restart on fourth rotation after 16 counts facing back wall.

Section 1: Moving right diagonal forward : step right together, right touch, left heel , toe, heel , toe.

1-2-3-4 Face 1:00 and step right foot fwd , bring left foot together, step right forward, touch left toe beside right foot. think of it like dancing a hula.

5-6-7-8 Turn to 11:00 and place left heel forward, then left toe back, then left heel forward, then left toe back keeping weight on right foot the whole time.

note: FUN ALTERNATIVE- if you want to make 5-6-7-8 a, syncopated rocking chair- when the music raps, step forward on left, replace weight on right, step back on left, replace weight on right, step forward on left, replace weight on right, step back on left, replace weight on right. The count for this option is 5&6&7&8&

Section 2: Moving left diagonal forward: step together ,step touch, point right, forward, right, flick.

1-2-3-4 Facing 11:00 Step forward on left, step right together, step forward on left, square up to 12:00 and touch.

5-6-7-8 Keeping weight on left foot , point right to right side, point right in front, point right to right side, then bend knee and kick right foot behind left knee.

==Restart here on fourth rotation facing 6:00=

Section 3: Grapevine right touch, big step left , touch right beside left, chug twice to back wall.

1-2-3-4 Step right to right side, step left behind right, step right to right side, touch left beside right.

5-6 Take a big step to left and drag right to it , and touch right beside left

7-8 Keeping weight on left foot, press right foot forward to turn 1/4 left, then press right foot forward(9:00) and turn 1/4 left to back wall.

Section 4: Rocking chair, Right heel fwd ,back toe. Step forward on right and twist both heels right and straight.

1-2-3-4 Weight on left foot, rock right forward, replace weight on left, rock right foot back, replace weight on left.

5-6 weight on left foot, put right heel forward then put right toe back.

7&8 Step forward on right keeping weight on both feet. Shift weight to balls of both feet and twist both heels to right then back to forward.

FUN OPTION : on count 5-6 change to right heel forward (5) then together(&) then left heel forward (6)then back together.(&)

Let's dance!!