

Island Life

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Improver
編舞者: Anita Haban-Nakamaejo (USA) - June 2023
音樂: Island Life (feat. Alika Parish) - Kala'e



#32 count intro

Section 1 K-Step Boogie

1-4 Step R diagonal forward, L touch, L diagonal back, R touch
5-8 Step R diagonal back, L touch, L diagonal forward, R touch

Section 2 Rocking Chair, Jazz Box with a Cross

1-4 Step R forward, recover L, step R back, recover L

***See Restart 2 description below

5-8 Cross R over L, step L back, step R side, cross L over R

***See Restart 1 description below

Sections 3 & 4 Figure 8 Rumba Box

Rumba Box Forward

1-8 Step R side, L together, step R forward, hold, Step L side, R together, step L forward, hold

Rumba Box Back

1-8 Step R side, L together, step R back, hold, Step L side, R together, step L back, hold

Section 5 Side Together, ¼ Turn Right, Hold, ¼ Turn Right, Hold

1-4 Step R side, L together, 1/4 Turn right, hold

5-8 Step L forward, 1/4 turn right, cross L over R, hold

Section 6 Scissors Steps Left and Right with Holds

1-4 Step R side, L together, cross R over L, hold

5-8 Step L side, R together, cross L over R, hold

Section 7 Slow Right Coaster Step. Brush Left, Rock Recover ¼ Turn Left, Hold

1-4 Step R back, L together, R forward, brush L

5-8 Rock forward L, recover R 1/4 turn Left, hold

Section 8 Shadow Box (Jazz Box Toe Struts)

1-8 Step R over L toe heel, step back L toe heel, step R toe heel, cross L over R toe heel

Repeat

Restarts:

***Restart 1: Dance 16 counts (up to Jazz Box) Wall 2 facing 3:00, and Wall 6 facing 9:00

***Restart 2: Dance 12 counts (up to Rocking Chair) Wall 4 facing 6:00, and Wall 8 facing 12:00

***Ending: Wall 11, facing 6:00 dance 48 counts, end facing 12:00