

# My Gardenia

**COPPER KNOB**  
STEPSHEETS

拍數: 64      牆數: 2      級數: High Beginner  
編舞者: Anita Haban-Nakamaejo (USA) - June 2023  
音樂: E'Tiare - Daniel Estocado



Hands on hips

## ROCK RECOVER, CHA CHA BACK, ROCK BACK , RECOVER CHA CHA FORWARD

1-2, 3&4      Rock forward R, recover L, cha cha back on R  
5-6, 7&8      Rock back on L, recover R, cha cha forward on L

## SIDE ROCK RECOVER, CROSS CHA CHA, SIDE ROCK RECOVER CROSS CHA CHA

1-2, 3&4      Side rock R, recover L, cross cha cha R over L  
5-6, 7&8      Side rock L, recover L, cross cha cha L over R

## STEP HALF TURN LEFT 2 TIMES, HEEL SWITCHES, HOLD and CLAP

1-4      Step R forward, pivot ½ turn right, step R forward pivot ½ turn right  
5&6&7-8      R heel forward, step on it, L heel forward, step on it, R heel forward, hold and clap

## BUMP HIPS FORWARD TWICE, BUMP HIPS BACK TWICE, UMI HIPS

1-4      Bump hips forward right twice, bump hips back twice  
5-8      Umi hips left twice

Restart here 3rd wall. (after the instrumental)

## VINE RIGHT, CHASSE RIGHT, ROCK RECOVER

1-8      Step R, cross back L, step R, cross L over R, cha cha right, rock back L, recover R

## VINE LEFT, CHASSE LEFT, ROCK RECOVER

1-8      Step L, cross back R, step L, cross R over L, cha cha left, rock back R, recover L

## SHIMMY RIGHT, CLAP (2 TIMES)

1-8      Shimmy R with a clap, shimmy right with a clap

## JAZZ BOX QUARTER TURN RIGHT (2 TIMES)

1-4      Cross R over L, step back on L, ¼ turn right, step L together  
5-8      Cross R over L, step back on L, ¼ turn right, step L together

REPEAT

RESTART

On the 3rd wall, facing 12:00, dance the first 32 counts, and then restart the dance over.  
You will end the dance with the umi's. Cross R over L and curtsey gracefully! Have fun!