

Some Kind of Hero

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Hiroko Carlsson (AUS) - June 2023
音樂: Hero - Alan Walker & Sasha Alex Sloan : (Spotify/Apple Music/Deezer)



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)

(Intro: 32 counts)

[S1] Side, Behind-1/4R, Step-Pivot 1/4R, Cross Rock-1/4L-1/2L w/ Hitch

1 2& Step R to the side, Step L behind R, Make a ¼ turn right stepping forward on R (3:00)
3 4 Step forward on L, Make a ¼ turn right recover weight on R (6:00)
5 6 Rock L over R, Replace weight on R
7 8 Make a ¼ turn left stepping forward on L (3:00), Make a ½ turn left stepping back on R slightly hitch L (9:00)

[S2] Side, Behind-1/4L, Step-Pivot 1/4L, Cross-1/4R-1/2R-Fwd

1 2& Step L to the side, Step R behind L, Make a ¼ turn left stepping forward on L (6:00)
3 4 Step forward on R, Make a ¼ turn left recover weight on L (3:00)
5 6 Rock R over L, Make a ¼ turn right stepping back on L (6:00)
7 8 Make a ½ turn right stepping forward on R (12:00), Step forward on L

[S3] Fwd, Hold, Ball-Fwd, Hold, Ball-Step-Pivot 1/2L-Full Turn Fwd

1 2& Step forward on R, Hold, Ball step L next to R
3 4& Step forward on R, Hold, Ball step L next to R
5 6 Step forward on R, Make a ½ turn left recover weight on L (6:00)
7 8 Make a ½ turn left stepping back on R, Make a ½ turn left stepping forward on L (6:00)

-Easy option: Walk forward on R-L on count 7 8

[S4] Fwd, Hold, Ball-Fwd, Hold, Ball-Fwd, Step-Pivot 1/4L-Cross

1 2& Step forward on R, Hold, Ball step L next to R
3 4& Step forward on R, Hold, Ball step L next to R
5 6 Step forward on R, Step forward on L
7 8 Make a ¼ turn right recover weight on R (9:00), Cross L over R

Ending Suggestion: The last wall finishes facing 6:00 (L cross R). Make a 1/2R unwind turn to 12:00 o'clock.

(updated: 29/June/23) This is Hiroko's 800th dance!!